

This Soundings covers events beginning January 13, 2018



The Unitarian Church in Westport Soundings

[10 Lyons Plains Road Westport, CT 06880](https://www.uuwestport.org)
Phone: [203-227-7205](tel:203-227-7205)

website:
[uuwestport.org](https://www.uuwestport.org)

**SUNDAY SERVICES - January 14, 2018 - 9:00 &
11:00 AM**



**"Intentionality and Spiritual
Practice"**
- **Julio Torres, Intern Minister**

Worship Associate: Connie
Rockman

Pastoral Care Chaplain:
9:00 Kate Croarkin; 11:00 Pat
Francek

Music: Chamber Choir at both service

**The Memorial Service for Denny Davidoff will be
held February 3rd
at 3:00 pm with a reception to follow.**

UPCOMING EVENTS

*Child care is
provided
for Sunday Service
s and on an as
needed basis for
other events.
Organizers of
events should
contact [Mary
Collins](#) to arrange
child care.*

Sat Jan 13
Sight Singing -
Sanctuary -9:30

Sexual
Harassment
Prevention
Training - EW -
10:00

Pastoral Care
Associates - MH
- 1:00

Midnight Run -
Meeting House -
3:00

Sun Jan 14
Meditation - Elm

This Sunday, January 14, we will be sharing our offering with the Every Child is Our Child (ECOC) program of our UU United Nations Office.



Please [CLICK HERE](#) for information about ECOC.



Beardsley Board Thanks!

To all of you who contributed items from the Beardsley Board in the lobby, a big thank you! We distributed folders, markers, glue sticks, dry erasers, pens and tissues to the grateful teachers who had asked for them. It's so easy to be generous -- simply take a tag from the Board, buy the simple supplies or a book that has been requested, attached the tag to the item, and put it in the bin below the Beardsley Board table. A committee member will take the items to school each week. We

only wish you could see the big smiles on the teachers' faces!

WOMEN'S MARCH -

It's 2018. It's Time to March! It's Time to Raise our Voices!

In 2017 we marched in Washington D.C., New York, Boston, Hartford and Stamford. It's a year later and we are going to the 2018 Women's March in New York City. We will take the train from Westport and we will march together proclaiming our UU Values. We will declare our commitment to defending civil rights, women's rights, our planet and the soul of our country. If you are interested in receiving email updates about our plans please register here.



[**KEEP ME INFORMED ABOUT THE NYC WOMEN'S MARCH**](#)

Room - 10:15

COA - 11:00

6th-7th Graders -
MH - 11:00

Youth Group
(10th-12th) Play
Reading - UU
Danbury - 11:45

Leadership
Academy - EW -
12:30

Mon Jan 15
Bell Choir - EW -
6:45

O&AF - 7:45

Tue Jan 16
BOT - EW - 7:00

Men's Choir -
8:00

Wed Jan 17
Stewardship
Committee - FR -
7:00

Buddhist Practice
Group - MH -
7:00

Chamber Choir -
7:45

Thurs Jan 18
Youth Choir -
5:00

Finance
Committee - FR -
6:00

Teen Choir - 6:00

Addiction: From shadows to light !

On January 21st from 12:30-2:00 pm here in our sanctuary our first presentation on Addiction will take place. Bob B a member of our ARM (Addiction Recovery Ministry) will make a live presentation for our congregation. Bob is a person well traveled in the field of addiction. He will cover a breadth of his experience through the shadows of alcohol and drug addiction. He will touch upon the symptoms of addiction and underline the nature of addiction as a disease. I hope you can attend. ~ *Rev. Jim Francek*



Kids and the Dangers of Sexting January 24 from 6:30-8:30 in the sanctuary

Center for Children's Advocacy Attorney Leon Smith will provide a free presentation

for the community.

Sexting can have devastating consequences - legal, emotional, educational, and employment - for the children and teens involved.

"The importance of understanding the dangers of sexting cannot be underestimated. Programs like this are essential in educating children, teens, and parents in developing the skills necessary to bridge the gap between global social media and healthy personal social relationships."

~~ *Rev. Dr. John Morehouse*

Women's Choir -
7:45

Sat Jan 20
A Better Man -
MH - 8:00

Sight Singing -
Sanctuary -9:30

Small Group
Facilitators - MH
- 10:00

Sun Jan 21
OWL Parents
Group - YR -9:00

OWL sessions -
OWL Room -
10:00

Meditation - Elm
Room -10:15

Gillespie Day:
6th-7th Graders -
MH - 10:30

Youth Group
(10th-12th) - YR -
11:00

ARM
Presentation -
Sanctuary -
12:30

Leadership
Academy - EW -
12:30

Mon Jan 22
Bell Choir - EW -
6:45

Tue Jan 23
Men's Choir -
8:00

**UU Orientation on Saturday, January 27
from 12:00-4:00 PM in the East Wing**

New to Unitarian Universalism and to this congregation? Then join us at the upcoming orientation. It's a great way to get to know some more folks both new to this community and some of us who have been around awhile. I always enjoy seeing people who have attended the orientation chatting over coffee the next Sunday! The day consists of sharing our "journey" stories - how we came to be where we are in our life, Rev. John talks about our Unitarian and Universalist history and our Seven Principles, and there's plenty of time for questions and discussion.



Interested? Please contact David Vita, david@uuwestport.org or call [203.227.7205 x14](tel:203.227.7205). Looking forward to seeing you on the 27th!



**Voices Café Saturday, January 27
at 8:00 PM**

Lara Herscovitch is a modern American songwriter-poet-performer gem, creating masterful contemporary folk with blues, pop and jazz influences. Former Connecticut State Troubadour, she leads with authenticity, integrity, humor and heart, delivering performances that inspire, inform, uplift and entertain.

"Lara's music has that special sauce: it sticks to your soul" (*Everything Sundry: Great Music blog*). For tickets, [CLICK HERE](#).

Lara Herscovitch - Wingspan music video

Wed Jan 24

Program: Teens
& Dangers of
Sexing -
Sanctuary -6:00

Worship
Associates - Rev.
John's Office -
7:00

Buddhist Practice
Group - MH -
7:00

Thurs Jan 25

Youth Choir -
5:00

Teen Choir - 6:00

Social Justice
Council -7:00

Women's Choir -
7:45

Fri Jan 26

Shawl Ministry -
MH - 12:30

UU Movie
Discussion - MH
- 7:30

Sat Jan 27

Sight Singing -
Sanctuary -9:30

Voice Class - MH
- 11:15

UU Orientation -
EW -12:00

Ffld./Bpt.
Neighborhood
Cir. Dinner - EW
- 6:30

In the new year, there will lots of opportunities for growth, enrichment, involvement, inspiration and fun.

SIGHT SINGING CLASSES

Dates: January 13, 20, 17, February 3, 10; all classes from 9:30 to 11:00.

These classes are free, however, it is necessary to sign up in order to attend. Contact Ed Thompson at ed@uuwestport.org or [203-227-7205](tel:203-227-7205) EX18 or in person.

I ♥
Singing



VOICE CLASS WITH MARCELLA

January 27 (Saturday) - 11:15 to 1:15

February 3 (Saturday) - 11:15 to 1:15

There is a fee associated with this class, please be in touch with Marcella - mc@marcellacalabi.com

CABARET

Saturday, February 10, 8:00 pm, the annual Cabaret is back! We will have a Valentine theme, if you would like to participate with a song, a story, a poem, please be in touch with Ed Thompson - ed@uuwestport.org or [203-227-7205 X18](tel:203-227-7205) or in person.



CONCERT - SAVE THE DATE! - Saturday, February 24, 7:30, Choral Chameleon in concert.

The fabulous New York choir, *Choral Chameleon*, will be in our very own sanctuary singing a concert of very mixed repertoire. The is an award winning choir that is taking down the walls sacred/secular and classical/popular music. Tickets on line or after the service in the foyer. More on this later. Don't miss them.

Voices Cafe -
Sanctuary -8:00

Sun Jan 28

Meditation - Elm
Room -10:15

COA - 11:00

Youth Group
(10th-12th) - YR -
11:00

6th-7th Graders -
MH -11:00

Leadership
Academy - EW -
12:30

[SEE TUCW'S
CALENDAR FOR
MORE
INFORMATION](#)

In the event of severe weather, the following are ways that you can get information on whether the church will cancel activities:

- * **Check your email - Group leaders will email with a cancellation notice**
- * [Check our website](#)
- * [Check the UU Westport Facebook page](#)
- * **Watch Channel 8 or Channel 12 (Cablevision) on your television.**

Please do not call the office. Above all else, do not venture out if you do not feel it is safe to do so. Your safety is our primary concern.



Pastoral Care - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - ([203-227-7205 ext. 19](tel:203-227-7205)) or email - pca@uuwestport.org.

Associates.

[CLICK HERE](#) to learn more about our Pastoral Care

UPCOMING SERVICES

January 21, 2018 - 9:00 AM & 11:00 AM
"The Power of Habits" - Rev. John Morehouse

January 28, 2018 - 9:00 AM & 11:00 AM
"Voices of Intent" - TUCWomen



LIFESPAN FAITH DEVELOPMENT

THIS SUNDAY, January 14, 2017



THIS WEEK INFORMATION for (Pre-K to Grade 5)

Monthly theme: INTENTION

Weekly Topic for Pre-K-5th grades: Fail Again, Fail Better

UU Principle: #3 We are free to learn together

PRE-K-1st graders - Meet at 9:00 and 11:00 am
START DIRECTLY in PINE Room. Sign out 15 minutes after the service ends.

* **Sunday activities include:** Mindfulness breathing "It's okay to make Mistakes,"

STORY - *The Dot* by Peter H. Reynolds [CLICK HERE](#) for video.



[CLICK HERE](#) for Pre-K-1st children's FAMILY "TAKE-IT-HOME" for this week.

2nd-3rd graders - Meet at 11:00 am
START UPSTAIRS and after story by Mary Collins - then group goes to OAK room (if you come at 9:00 am go directly to PINE room)
* **Sunday activities include:** Mindfulness "Take Five" breathing

exercise,

DANCE VIDEO: ["We Gonna Make Mistakes"](#) (3rd grade Class variation of song "Shake It Off" by Taylor Swift)

[CLICK HERE](#) for 2-3rd FAMILY "TAKE-IT-HOME" for this week.

4-5th graders - Meet at 11:00 am

START UPSTAIRS, after story go to BIRCH room

* Sunday activities include: Reflection on Mistakes and Intention, Create an Intention Path for the congregation...



[CLICK HERE](#) for 4-5th FAMILY "TAKE-IT-HOME" for this week.

Make Lots of Mistakes

"I hope that in this year to come, you make mistakes.

miStAkEs
are proof
that you are
TRYING

Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're Doing Something.

So that's my wish for you, and all of us, and my wish for myself. Make New Mistakes. Make glorious, amazing mistakes. Make mistakes nobody's ever made before. Don't freeze, don't stop, don't worry that it isn't good enough, or it isn't perfect, whatever it is: art, or love, or work or family or life. Whatever it is you're scared of doing, Do it. Make your mistakes, next year and forever." - Neil Gaiman

YOUTH GROUP

YOUTH GROUP CLASSES ON JANUARY 14, 2018:

6th - 7th grades: Meeting House, Main Floor, 11:00 am

8th - 9th grades: Coming of Age: Meeting House, Top Floor, 11:00 am

Youth Group (10th-12th grades): Meeting House, at 11:00 AM
Lower floor



Saturday, January 13-Sunday January 14: Midnight Run for the 8th-9th graders. **URGENTLY** need more clothing and food (sandwich-related items) Kindly bring your clothing for the homeless to the bin in the hall before the sanctuary. Remember, the event is on Saturday, so bringing materials on Sunday will be too late.(Subsequent Midnight Runs will be on

March 24-25 and May 12-13). [CLICK HERE](#) for flyer. [CLICK HERE](#) for Permission form.

Sunday, January 14, 11:30 am, Staged Reading of "Speak Truth to Power" at UU Danbury:

The Youth Group (10th -12th) will be meeting with the Danbury and other youth groups at the UU congregation in Danbury to attend a staged reading of an Ariel Dorfman Play: We (TUCW youth AND PARENTS) have been invited to a staged reading of an amazing Ariel Dorfman work, "Speak Truth to Power". in which he gives voices to many people around the world who are defending human rights in various ways - some very famous, some not at all.



[CLICK HERE](#) for information about the play.

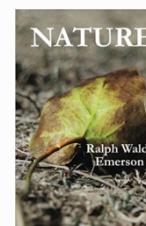
[CLICK HERE](#) for Permission form for this event.



Sunday, January 21: Next "Gillespie Day" for 6th-7th graders. [CLICK HERE](#) for Permission form for this event. Subsequent Gillespie Days are: Feb. 11, Mar. 11, April 8 and May 20.

Sunday, January 28, 10:00 am (NEW

DATE): EMERSON'S "NATURE" In NATURE: (meet in Courtyard): A combined hike/discussion about Ralph Waldo Emerson's essay "Nature" with a hike from TUCW to the Leonard Schine Preserve Family Nature Trail. Youth will require written permission. If bad weather or it is extra cold, this activity will be held at the Meeting House. [CLICK HERE](#) for Parent Permission for Participation in Emerson's Nature in Nature.



Sat-Sun February 24-25: Youth Con sponsored by 1)TUCW, 2)The Universalist Church in West Hartford and 3)The Unitarian Unversalist Congregation in Hartford.

The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

WE INSPIRE and support individual spiritual growth.

WE CONNECT through worship, music, learning, and caring ministries.

WE ACT in the service of peace and justice.