



# The Unitarian Church in Westport Soundings

10 Lyons Plains Road Westport, CT 06880  
Phone: 203-227-7205

website:  
[uuwestport.org](http://uuwestport.org)

## SUNDAY SERVICE - May 12, 2019 - 9:00 & 11:00 AM

### "Curiosity and the Mother of Invention" - Rev. John Morehouse



In this our flower communion and mother's day service, Rev. John explores the power of curiosity in living and growing.

**Worship Associate:** Cheryl Dixon Paul

**Pastoral Care Chaplain:** 9:00 Shari Brennan  
11:00 Beverly Bailey

**Music: 9:00:** Once & Again Singers - Florence Romanov (piano)

**11:00:** Men's and Women's Choir - Florence Romanov (piano)

Sunday, April 28, 2019



"It's the resistance in the challenges of life that creates your song."

## UPCOMING EVENTS

*Child care is provided for Sunday Services & on an as needed basis for other events. Organizers of events should contact [Saundra Clements](mailto:Saundra.Clements@uuwestport.org) to arrange child care.*



**Sat May 11**  
Resiliency Workshops -  
MH - 9:30

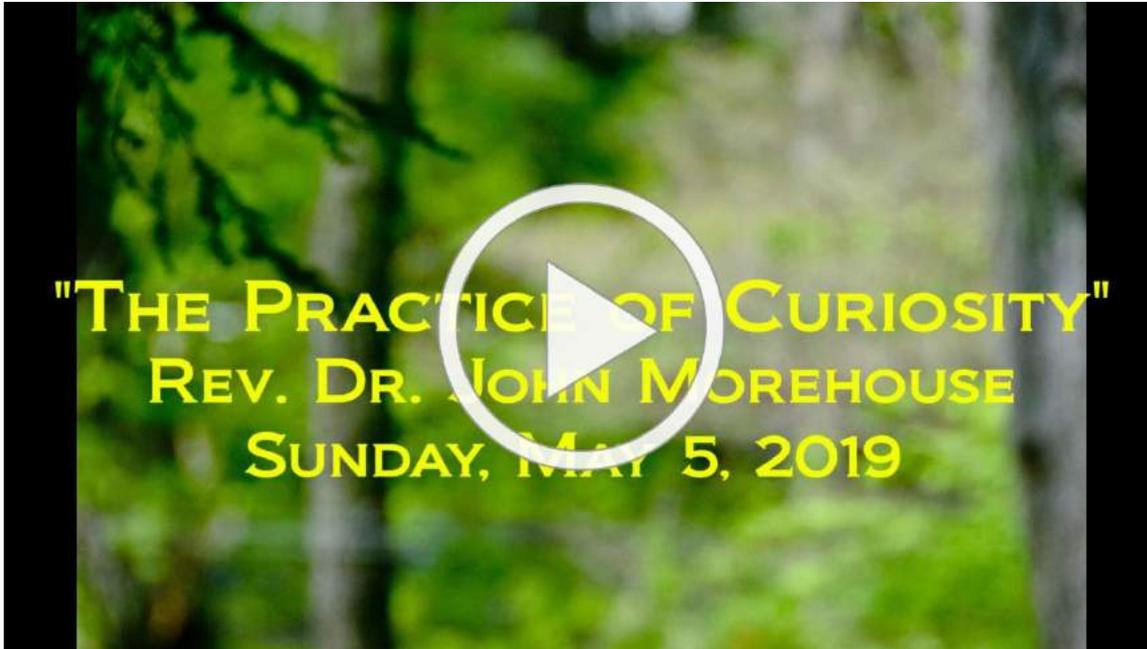
Pastoral Care  
Chaplains - MH - 1:00

Voices Cafe -  
Sanctuary - 8:00

**Sun May 12**  
Meditation - Willow  
Room - 10:00

Climate Change  
Conversation -

Sunday, May 5, 2019



**"We are curious by our very nature and that curiosity is the primary path towards the spiritual understanding that makes meaning in our life."**

### Emma's Revolution at Voices Café on Saturday, May 11 at 8:00 pm

Songs by the dynamic, award-winning activist duo of Pat Humphries and Sandy O have been sung for the Dalai Lama, praised by Pete Seeger, and covered by Holly Near. With beautiful harmonies and genre-defying eclecticism, Emma's Revolution delivers the energy and strength of their convictions, in an uprising of truth and hope for these tumultuous times.



Pete Seeger said, "The powers that be can control the media but it's hard to stop a good song... Pat's (Humphries) songs will be sung well into the 22nd century."

Their first song collaboration, "If I Give Your Name," about undocumented workers killed in the World Trade Center on 9/11 won the Grand Prize in the John Lennon Songwriting competition.

Purchase tickets at:

<https://voicescafe.org/show/emmas-revolution-2018/>

They tour 200 days a year and, in the spirit of Emma Goldman's famous attribution, "If I can't dance, I don't want to be part of your revolution," Emma's Revolution has brought their uprising of truth, hope, and a dash of irreverence to thousands of concerts and

Sanctuary - 12:30

#### Mon May 13

NVC Practice Group-  
FR - 6:30

Buddhist Practice  
Group - MH - 6:30

Bell Choir - 6:45

Grief Support Group -  
rev. John's office - 7:00

#### Tues May 14

Courageous Faith  
Revolution - Library -  
6:30

Fall Follies Team - FR -  
7:30

Women's Spirituality &  
Imagination - MH - 7:00

#### Wed May 15

Stewardship Meeting -  
FR - 7:00

Chamber Choir - 7:45

#### Thurs May 16

Rev. Shelly's Transition  
Team - Library - 5:00

Children's Choir - 5:00

Finance Committee -  
FR - 6:00

Teen Choir - 6:00

Men's/Women's Choirs  
- 7:45

#### Fri May 17

SGM Steering  
Committee - FR - 11:30

Shawl Ministry - MH -  
12:30

#### Sat May 18

A Better Man - MH -  
8:00

Resiliency Workshops -



Change by Emma's Revolution

activist events across the US and abroad. They've even sung "We Are One" in the De-Militarized Zone, singing with family members separated by the division between North and South Korea.

Seating is cabaret style (at tables) and table reservations (minimum 4 people) are accepted by contacting David Vita, [david@uwestport.org](mailto:david@uwestport.org) or calling 203.227.7205 x14. Doors open at 7:30.

EW - 9:30

Small Group Facilitators - MH - 10:00

**Sun May 19**  
Meditation, Willow Room - 10:00

6th-7th Grade "Learn" - MH - 11:00

Youth Group (9th-12th) - YR - 11:00

TUCWomen Brown Bag Lunch - MH - 12:30

**Mon May 20**  
Buddhist Practice Group - MH - 6:30

Bell Choir - 6:45

Grief Support Group - rev. John's office - 7:00

O&A - 7:45

**Tues May 21**  
BOT - EW - 7:00

**Wed May 22**  
Worship Associates - Rev. John's office - 7:00

Spiritual Autobiography Workshop - Library - 7:30

**Thurs May 23**  
Children's Choir - 5:00

Teen Choir - 6:00

Men's/Women's Choirs - 7:45

**Sun May 26**  
Meditation - Willow Room - 10:00

### UUA Mosaic Makers Anti-Racist Training

Sat, May 18, 2019 from 10:00 AM - 4:00 PM  
Northboro, MA 01532 (carpool)  
Registration- \$15-\$25  
Contact David Vita before May 6 (registration deadline) if interested-[david@uwestport.org](mailto:david@uwestport.org) or 203.227.7205 x14



This first New England Regional Mosaic Makers gathering will include dynamic worship, the co-creation of brave space, brief presentations, and lots of opportunity for rich conversation as we explore and experience together how to do anti-racist, multicultural ministry in and with our congregations. The event is designed to bring a racial equity and inclusion lens to congregational leaders as they work to transform their culture and embody Beloved Community.



**On Sunday, May 19th, the Children's Choir will present "Peddler" - the musical.** This will be a all-family service (multigenerational). The children will be invited to sit in the front of the sanctuary to be close to the action. The Children's Choir has been working on this for the whole semester and is very excited to share this work with you because there is drama, mystery, surprise, trouble and happiness.

Based on an old Irish folktale, this musical explores a number of themes: compassion, self-worth, the power of conversation, generosity and intuition. As we follow the unfolding events in the life of the peddler we can ask

ourselves what we would do in a similar situation. We can draw the parallels between his life and ours.....or can we? Although there will not be a 'sermon' per se, there will be plenty to talk about and much to discuss as the choir sings their solos and acts out the vignettes of the unfolding story. Come and see for yourself!!



[SEE TUCW'S  
CALENDAR FOR  
MORE  
INFORMATION](#)

**We move to the one service at 10:00 AM - May 26 to September 8**



### Capital Campaign Planning Team News

Thank you to the more than 100 members who attended the congregational meeting last Sunday to approve a Capital Campaign for building improvements. It's not often Unitarian Universalists totally agree on an issue, so the 100% 'YES' vote was exhilarating. The Capital Campaign Planning Team was thrilled. Plans for contacting lead donors are underway, and we will continue to provide the congregation with regular updates about the Capital Campaign process. What an exciting time for the future of TUCW!



### News from your Committee on Ministries (COM)

Your COM wants to hear from you! It's almost the end of the 2018 -19 church year, and we'd like to know your thoughts about how things are going here at TUCW. What is working for you? What are we doing well? Please stop by the COM table in the foyer this Sunday, May 12, to share your views and opinions with us. Or write to us at [COM@uwestport.org](mailto:COM@uwestport.org). Either way, we'd like to hear from you!

### Grief Support Group:

**Begins Monday, May 6th and runs every Monday through June 17th**

(except for Memorial Day). The group is held in Rev. John's office from 7:00-8:30 PM and is open to all who've experienced the loss of a loved one.

To register or to seek more information, please contact either Pat Francek, MSW, at 203-893-1781 or at [patfrancek@gmail.com](mailto:patfrancek@gmail.com), or Charles Harrington, PhD, at 203-664-1653 or at [ccharrington20@gmail.com](mailto:ccharrington20@gmail.com).



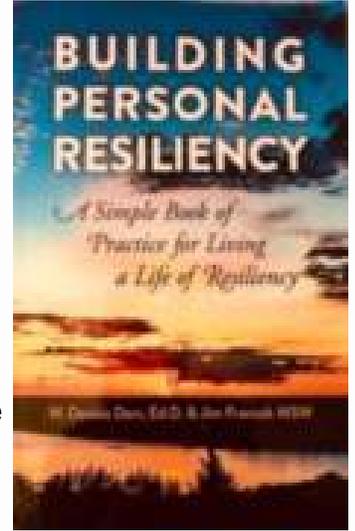


**Please join the Leadership Development Team in congratulating MARION WERTHEIM, recipient of May's Leading Light Award.** Marion has served our community for over 50 years, and her contributions are too numerous to name. Among the many, Marion has generously made major gifts to the congregation, contributed in numerous ways to the beautification of the church grounds and Memorial Garden and she continues to brighten our entryway and raise our spirits with the beautiful plantings that welcome us each Sunday. For all of her involvement in and commitment to TUCW, Marion is truly a Leading Light.

## Building Personal Resiliency

We are living at a time in human history when the pace of change, the complexity of communication and the breakdown of social institutions of stability create a deep level of uncertainty, fear and anxiety. And then life happens... we lose a dear relative or friend, a relationship ends, a major health challenge comes into our life or we are pressed with increasing financial insecurity. Lots of things outside ourselves can throw us into a dither. If we stay focused on the negative fearful side of life... we flood our physical and emotional life with body chemistry that can take us further down. However, there are real tools to apply to these situations that can moderate the negative impacts and enhance the positive health producing actions.

I have recently co-authored a book entitled Building Personal Resiliency that will be released within the next few weeks. I am co-facilitating a retreat for our Emergency Room staff at Bridgeport Hospital this spring. I would like to offer this same workshop to our congregants in two (2.5hour) sessions on **May 11th and 18th from 9:30 am to noon**. I think participants of this workshop will take away a number of outcomes.:



- An increased number of practical tools for living resiliently
- Meaningful conversations that support positive outcomes
- An identification of one's personal strengths of resiliency
- A personal vision & action plan for maintaining resiliency.

In order to plan for this event, you are asked to register so that we have enough materials presented. There will be a minimal cost \$12 for the book and other materials i. If the cost is an issue please talk to Jim. No one will be refused participation based on cost. However, the size of the group will be limited to fifty persons. To register please email [jimfrancek25@gmail.com](mailto:jimfrancek25@gmail.com)



# TUCWOMEN

**A place for sisterhood, intimacy and deeper connections**

**Quotable Women Brown Bag Lunch - Sunday May 19th**

in the Meeting House, after the 11:00 AM service. Cathy Paine will be our Guide. Cathy will lead us in

experiences that will help each of us become Quotable Women through our connections with each other.  
**TUCWomen is YOUR women's group:**

**TUCWomen - Wrap Up and Planning. Sunday, June 2, 11:30 in the Meeting House.**  
Come and share your feedback and ideas. Help plan our direction for this vibrant group

Are you receiving TUCWomen email notices?  
If not or if you are not sure  
sign up here --> [Add me to the list!](#)

Questions about TUCWomen?  
Send them to [tucwomen@uuwestport.org](mailto:tucwomen@uuwestport.org)



## UUA General Assembly

You can be part of an inspirational gathering of Unitarian Universalists at the UUA General Assembly. This year's GA will be from June 19th to 23rd in Spokane, Washington. Rev. John will be there with others from our congregation. Why don't you join them?

We have openings for delegates to GA who represent our congregation at this annual event. There are workshops, fabulous speakers, music, and lots of opportunities to meet UU's from all over the country.



If you are interested in serving as a delegate from The Unitarian Church in Westport, or have questions, send an email to our secretary, Mary-Jane Cross, [secretary@uuwestport.org](mailto:secretary@uuwestport.org), or speak to any trustee.

You can read more about the General Assembly at <https://www.uua.org/ga>.

## UPCOMING SERVICES

**SPECIAL NOTE: The 11:00 AM services on the next 2 Sundays May 12th, and May 19th are All-Congregation worship services. Parents, please bring your children with you and enjoy family worship!**



**May 19, 2019 - 9:00 AM**  
**"The Shape of Things to Come"**  
**- Rev. Shelly Thompson**

**May 19, 2019 - 11:00 AM**  
**Children's Choir performs "Peddler"**

**May 26, 2019 - 10:00 AM**  
**"Living Into the Future"- Rev. John Morehouse**

**June 2, 2019 - 10:00 AM**  
**LIFESPAN FAITH DEVELOPMENT SUNDAY**  
**AND BRIDGING CEREMONY**  
**"For the Beauty of Us All" - Rev. John Morehouse**

**June 9 2019 - 10:00 AM**  
**"Beauty and the Beast" - Rev. John Morehouse**

**June 16 2019 - 10:00 AM**  
**Summer Solstice Concert**

## **Buddhist Practice Group**

Each Monday in the Meeting House from 6:30 to 8:00 PM

Please let Nina know you are attending by emailing her at [ninazcara@gmail.com](mailto:ninazcara@gmail.com).

Teachings offered on a donation basis.



**Meditation** is led by Janet Luongo and others from 10:00 to 10:45 AM every Sunday in the Willow Room downstairs.

We center on our inner light and sense our inter-connectedness with all, using a variety of traditions from mindfulness and music to yoga and Zen.

For more information, contact Janet Luongo - [jlungo3@optonline.net](mailto:jlungo3@optonline.net)

**Pastoral Care** - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - (203-227-7205 ext. 19) or email - [pca@uuwestport.org](mailto:pca@uuwestport.org).

[CLICK HERE](#) to learn more about our Pastoral Care Chaplains



# *you are not alone!*

**For individuals or families of our congregation seeking confidential support or information about addiction issues...** please contact our Addiction Recovery Ministry by calling 203-227-7205 ext. 19 or emailing [pca@uuwestport.org](mailto:pca@uuwestport.org).



## **Spring 2019 Adult Faith Formation**

Six Part Series

### **Women, Spirit and Imagination**

**Continues This Coming Tuesday,  
May 14th, 7:00-9:00 PM  
in the Meeting House**

Offering women a safe, welcoming place to explore their spirituality and imaginations. Experience inspiration, creativity and connection. Absorb the healing power of beauty and a supportive community. Develop a calm and peace within, an inner haven to return to at any time.

### **Six Experiences, Six Women Leaders**



Session 6: "The Gift of Co-Imagining"

Tuesday, May 14th with leader, Pat Francek

The Visual Explorer, is a set of images meant to inspire mind, heart and spirit. We will explore what these pictures evoke in us and how they connect to our own stories. Sharing with others leads to deeper connection, appreciation and meaning. The evening concludes with sharing, a special poem and a drumming circle.

[CLICK HERE](#) for more information about the entire series.  
We encourage women, if possible, to commit to the whole series.

### **All Women are Invited**

For more information contact Janet Loungo ([jloungo3@optonline.net](mailto:jloungo3@optonline.net))  
or Rev. Shelly ([revshelly@uuwestport.org](mailto:revshelly@uuwestport.org))  
Register by email [tucwomen@uuwestport.org](mailto:tucwomen@uuwestport.org)

Limited to 20 women.



TUCW Spring 2019

# Adult Faith Formation

REV. SHELLY THOMPSON  
ASSISTANT MINISTER  
FOR FAITH FORMATION



The program guide is [HERE](#) for the Spring 2019 Adult Faith Formation Program! Hard copies of the program guide are available in our lobby.

There is still time to join some of our workshops! We are hearing great things from people who are attending.

Please feel free to contact me, Rev. Shelly Thompson, at [revshelly@uuwestport.org](mailto:revshelly@uuwestport.org) with any questions, or contact the presenters directly.

In Faith, Rev Shelly

[CLICK HERE](#) for more information.

## LIFESPAN FAITH DEVELOPMENT - May 12, 2019

**Hello, Friends,**

Last Sunday, we celebrated our 2019 Coming of Age graduates. It was a beautiful worship service, and the youth impressed everyone with their thoughtful and wise credo statements. Thank you to Maria Mendoza-Smith, Rev. Ed, Rev. John, the Teen Choir, and all of the youth and their families for a special day we will remember!



**We have 2 Sundays in a row of  
All-Congregation Multi-generational worship! Yippie! Bring the kids and worship as a family!\***



© Can Stock Photo - csp15044707

**May 12th: Flower Communion/Mother's Day**

**BRING YOUR FLOWERS** and participate in this beautiful ceremony that celebrates beloved community.

**May 19th: Children's Choir Musical! (no sermon)**

This is a fan favorite every year. Children who attend will be invited to sit in front.

**\*\*\*May 26th we begin our summer schedule of ONE service at 10:00 AM\*\*\***

## JUNE 2ND is Lifespan Faith Development Sunday and Bridging Ceremony

Come and share this wonderful service for all ages! There will be great music and it is an opportunity to hear from our children and youth about the highlights of their year at TUCW. Our high school seniors will be participating in their Bridging Ceremony. Please come support them for this important rite of passage.



### THIS WEEK INFORMATION FOR Pre-K TO 5th

**Theme:** Curiosity

**Topic:** Empathy

**UU Source #2:** All people should be treated fairly and kindly

#### PreK-1st

9:00 AM and 11:00 AM service  
LOWER LEVEL - Pine Room

#### 2nd-5th

11:00 AM service  
All Congregation Service.  
Enjoy the service with your parents in the sanctuary



**Families please pick up children after service ends 😊 then together get that snack & cup of**



*and*



*enjoy.*

[CLICK HERE](#) for PreK-5 FAMILY "take-home" for SUNDAY, May 12, 2019

### THIS WEEK INFORMATION FOR 6th TO 12th GRADE



#### 6th-7th graders:

\* Come worship with the congregation on May 12th and and 19th!

**\* Don't Miss this Great Day!**

Sunday, May 19th is the Children's Musical and then we are going to the Bridgeport Islamic Center for a 1:00 PM visit for their daily prayer, a tour and then a Q&A session. We will leave UU Westport by 12:30 so if anyone needs a ride-please let Rev. Shelly - [revshelly@uuwestport.org](mailto:revshelly@uuwestport.org) - know and she will be happy to bring your youth for this important visit.

**8th Grade**

**May 12th** - Flower Communion at 11:00

**May 19th** - Children's Musical at 11:00



**YOUTH GROUP [9th-12th]**

**Looking Ahead....June 2nd:** Be at worship to support our Bridging seniors!

The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

**WE INSPIRE** and support individual spiritual growth.

**WE CONNECT** through worship, music, learning, and caring ministries.

**WE ACT** in the service of peace and justice.