

PRE-K-and Wiggly children FAMILY TAKE-IT-HOME for NOVEMBER 19, 2017 TOPIC: Abundance and Thanksgiving

Activities on Sunday morning:

- **Book:** *Bread, Bread, Bread* by Ann Morris, illustrated by Ken Heyman . Bread is a food enjoyed by people in all parts of the world. Its many shapes, sizes, textures, and colors are as varied as the people who eat it.
- Hide and Seek to find items to set our Thanksgiving table,
- Adapted version of the Thanksgiving Communion:



Song: <https://www.youtube.com/watch?v=Cc0hotvnE-g>

**Oh, we give thanks for this precious day,
For all gathered here, and those far away,
For this time we share, with love and care,
Oh, we give thanks for this precious day.**

(Repeat and substitute in line #2: for the FOOD we share – with love and care)

- **Prayer:** We give Thanks for all the many types of bread upon our table and for the many types of people we share our love with. May all beings have what they need, amen!
- **Mindfulness:** eating breads

TAKE IT HOME:

- **A Family Discovery.** Look up the session on [The Ritual of Communion](#) in the Tapestry of Faith curriculum *Signs of Our Faith*, which describes flower, water, and bread communions held in UU congregations. Read about Janie Johnson, who vowed to bake all her family's bread for 40 days, rather than purchase bread from a store or bakery ("[Campaign Honors 40th Anniversary of Earth Day](#)" by Donald E. Skinner, UU World Magazine, June 6, 2010).
- **Try making pita bread:** In the Tapestry of Faith multigenerational curriculum, Hebrew Scriptures, find [an easy recipe](#) to use with children.
- **A Family Service outing:** Bring some different varieties of bread to your local food bank or pantry.
- **A Family Ritual.** Create a family bread communion. Your ritual can include the breaking and passing of bread, which you then eat or feed to one another. Have each person share something they are grateful for. **Share family memories of where items may have come from as you set your Thanksgiving table or visit others** i.e. Was that table cloth made by Grandma or those candlesticks a gift from an aunt or uncle?