

Lifespan Faith Development for Adults & Older Youth “at home” or “on-the-go”

For March 19, 2017 - Theme of the Month: RISK

Curated by Mary B. Collins, Director of Lifespan Faith Development, from Soul Matters

SPIRITUAL EXERCISE: Figure Out Your Edge

[The Edge Is Where I Want To Be](#), by Lisa Martinovic, pulls no punches. It’s audacious, urgent, impatient, even pushy. Simply put, Martinovic wants us out of the middle, or “the uncooked vanilla pudding of life,” as she puts it. It’s dangerous to stay there she says. So, she wants to shake us awake and get us to run as soon as possible to “the edge,” where true living lies.

But what’s *your* edge? That also is what the poem is all about. Don’t just run to the edge; Figure out which edge is yours.

If you’re ready for *that* challenge, then here are your instructions:

1. **Read** Martinovic’s poem: <http://slaminatrix.com/the-edge-is-where-i-want-to-be>
2. Ask yourself, “What’s the message in there for me?” (And write down your thoughts)
3. **Watch Martinovic’s poem:** <https://www.youtube.com/watch?v=HSjhfJVXyYA>
4. Ask yourself, “What’s the message in there for me?” (And write down your thoughts)
5. **Have a friend** read you Martinovic’s poem.
6. Ask yourself, “What’s the message in there for me?” (And write down your thoughts)

After three different “hearings,” some of the fog should be lifted. That edge of yours should be a bit more clear. Figure out a few steps to get yourself closer.

QUOTES

“Don’t be reckless with other people’s hearts, and don’t put up with people who are reckless with yours. ~Kurt Vonnegut

“What makes you vulnerable, makes you beautiful.” ~Brené Brown

“She threw away all of her masks and put on her soul.” ~Anonymous

ARTICLE

Confessions of an Amateur Tightrope Walker

http://www.nytimes.com/2016/12/02/opinion/confessions-of-an-amateur-tightrope-walker.html?emc=edit_th_20161203&nl=todaysheadlines&nid=62154555

“These recklessly, riotously brave people do us all a service: There is so much optimism and hope in their daring. They show us that, with practice, even the most improbable things become possible.”

MOVIE ABOUT SAME Man On Wire

https://www.rottentomatoes.com/m/man_on_wire

August 7, 1974. A young French man named Philippe Petit stepped out on a wire suspended between the Twin Towers of the World Trade Center. He danced on this wire for an hour with no safety net before he was arrested for what has become to be known as the "artistic crime of the century."

SONG:



I Won't Back Down A classic celebration of courage and the risk of standing our ground.

Tom Petty And The Heartbreakers: <https://www.youtube.com/watch?v=nvITJrNJ5IA>

Johnny Cash: <https://www.youtube.com/watch?v=yUQCmDfKFac>