

**PARENT HAND-OUTS for Sunday, MARCH 12, 2017 -  
Information detail & Faith formation follow up at home**



**PRE-K - PARENT HANDOUT - Theme: RISK  
Topic: Environmental Risk – March**

This month our theme at church is RISK. Today we are going to be about Environmental risk. Environment is another way to say our planet Earth. Many of the choices we make every day put our environment at risk. Some things that people do put our earth and creatures at risk.

Unitarian Universalists believe in caring for our planet Earth, the share with all living things. **UU PRINCIPLES #7** Unitarian Universalists responsibly to care for our environment here on earth that we share creatures.

- ACTIVITY options:**
- Demonstration of [Pond Pollution](#),
  - Sort items Ask “Is it Recycling or Garbage?”
  - Take the [Earth Pledge](#)



**12, 2017**



learning home, the

**Recycling or Garbage?**  
sorting game for preschool

fellow



home we try to act with other



**K-3<sup>rd</sup> Graders UU Explorers March 12, 2017 PARENT HAND OUT\_  
STORY: Cain & Able  
UU Source: Jewish & Christian Heritage  
UU Principle # 2 Be Kind, #3 Accept one another, encourage spiritual growth**

The story of Cain & Abel is a very old story that illustrates the human emotions of jealousy and dealing with anger. It uses sibling rivalry to show a cultural struggle at the time of its writing between nomadic and agricultural based peoples. What kind of sacrifice does God prefer, who is favored?

Rivalry happens in family relationships. When carried to the extremes, as in the story of Cain & Abel, these feelings can be quite destructive, but for most of us, they resolve themselves in more socially acceptable ways. If all goes well, we learn that there is enough love to go around. We can also learn that sisters & brothers (cousins & kin) offer the possibility of another kind of loving family attachment, but we need to work on our relationships to keep them in right relations. That means...

- Knowing what makes you angry, and what are the best strategies of handling it when it comes ( an important thing to learn early & practice often!
  - HALT when you are Hungry, Angry, Lonely, Tired.
  - Use “I” statements –“ I need a hug from you now” vs. “You always spend time with my brother. You don’t love me.”
  - Move (take a walk, run ...)
  - Distract yourself by reading a book, or sing a song

**ACTIVITIES:**

- *Create Masks of the two characters , Song: Meditation on Breathing “When I breathe in, I breathe in peace, When I breathe out, I breathe out love.” Until you regain your center peacefulness again.*



## 4<sup>th</sup>-5<sup>th</sup> Grade - PARENT HANDOUT –March 12, 2017 Topic:

**ENVIRONMENTAL RISK** – Unitarian Universalists believe that we respect the interdependent web of all existence of which we are a part. **(UU PRINCIPLES 7)** We show our faith by caring for our planet earth, the home we share with all living things. We also value learning together and respecting multiple viewpoints.

Which of our activities influence the state of the Earth?



- **VIDEO:** Watch (1:20 mins) [The Ecological Footprint Explained](#)
- Examine what makes an [ecological footprint](#) AND consider your footprint - each participant can personalize a [Footprint](#) template with activities that influence the earth

- DragonFly Pond Land Use Meeting - In this activity the group will create a “map” to consider how a community might balance the needs & desires of

homeowners, farmers, a chemical company business that creates jobs, recreational advocates, and conservationists in a fictionalized town zoning and land use meeting. The parameters?

- o No land-use can be excluded as part of the community (but you can add something new)
- o Wildlife habitat must be conserved.
- o Everyone must agree to compromise respectfully so the community can thrive.



### 6-7<sup>th</sup> Grade – Building Bridges –

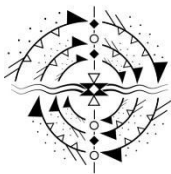
**FRIDAY, March 10 -Visit Al-Aziz Islamic Center in Bridgeport. TO BE RESCHEDULED**



### AND ON SUNDAY, March 12, 2017

Topic: ISLAM – Part 2 Contemporary Issues

- Review trip experience, write thank you note,
- Quiz comparison between Christianity, Islam, & Judaism,
- Explore Contemporary issues by a teambuilding balancing activity to illustrate the struggle to work for peace in the Middle East
- Review how people treat Muslims here after September 11<sup>th</sup>'s impact and look at [LINK - What to do if you witness Islamophobic Harassment \(and other types of harassment too\)](#) –[click here](#)



### March 12, 2017 (Note Schedule now uploaded to the [uwestport.org](#))

**9<sup>th</sup> grade** – Coming of Age meeting with Rev. John & Lara Fuchs, Intern Minister **From 6:00-7:00 pm in Rev. Johns office – Main Building.** Then they will join Youth Group at 7pm

**10-12<sup>th</sup> meet from 6:00-8:00pm** Meeting House Youth Room –

Snacks by Katrina and other youth welcome to bring things to share as well.

6pm greetings & gathering Advisor: Melanie Allen & Mary Collins

6:15 “What is Worship” led by DJ Flam

6:45pm Voting for Long Term Social Justice work process led by Cecelia McElroy

7:05pm Next year notes– by staff

Clean up, finish up or game

7:45 pm Evening Worship Circle led by Jason Laug



