

Lifespan Faith Development for Adults & Older Youth “at home” or “on-the-go”

For June 18, 2017

Theme of the Month: JOY

Curated by Mary B. Collins, Director of Lifespan Faith Development, curated from Soul Matters



For the “dog days of Summer...”

and to make you laugh: Be More Dog

<https://www.youtube.com/watch?v=G3eZY8Dv4ew>



**SONG: *Feeling Good* by Nina Simone**

<https://www.youtube.com/watch?v=OfJRX-8SXOs>

<https://www.youtube.com/watch?v=ybHRX4vLhLg> (Michael Buble cover)



**SONG: *On The Shores* by Steffany Gretzinger**

“On the shores of my soul, I give you permission to wash my tears away. Take all my disappointment and fill me with joy once again. So I am gonna sing...”

<https://www.youtube.com/watch?v=zYuXNqj-0BQ>

**SONG: *Happy* by Pentatonix (Pharrell Cover)**

<https://www.youtube.com/watch?v=uJ4diEohODE>

**POEM: *Weather* by George Bilgere (For Father’s Day)**

“My father would lift me  
to the ceiling in his big hands  
and ask, How's the weather up there?  
And it was good, the weather  
of being in his hands ... his face smiling from the world below...”

<http://writersalmanac.publicradio.org/index.php?date=2014/02/05>



**QUESTIONS FOR CONTEMPLATION:**

- Who helps you see the joy in front of you? And when was the last time you hung out with them?
- Are you too responsible to let joy in?
- Are you too tied to convention to let joy in? Too embarrassed to stand out?
- Is joy waiting for you at that protest on the corner or that march on the street?
- When was the last time you did something “useless”? Might joy be waiting for you there?



**MOVIE: *UP* (2009)** Retired balloon salesman Carl Fredricksen, is ready for his last chance at high-flying excitement. Tying thousands of balloons to his house, Carl sets off to the lost world of his childhood dreams. Unbeknownst to Carl, an overeager 8-year-old Wilderness Explorer Russell is on Carl's front porch! A movie about restoring one's joy. <https://www.rottentomatoes.com/m/up>



**MOVIE: *Waking Ned Devine*** -A small town looks for a way to claim a winning lottery ticket after the winner drops dead from shock before he can claim his prize. A celebration of stumbling upon joy when you weren't looking for it. [https://www.rottentomatoes.com/m/waking\\_ned\\_devine](https://www.rottentomatoes.com/m/waking_ned_devine)

