

2-3rd graders

FEBRUARY 4, 2018

- **FAMILY TAKE-IT-HOME** by Mary Collins Children's Program Coordinator
- Soul Matter Theme of the Month: PERSEVERANCE
- Session Topic: Slow and Steady Wins the Race,

UU Principles: # 2 Be Kind #6 Build a Fair & Peaceful World

Planned Sunday on-site Activities:

- ❖ **Mindfulness** (see below)
- ❖ **Story: The Tortoise and the Hare:** <https://www.youtube.com/watch?v=SUngzUtFr7Q>

Activity options:

❖ **Lego or other Building Toy**

As you build with the Legos or other toy, be aware of how you are practicing perseverance. Note how you select a certain block, and place it with the others. Notice how you must build step by step. What else do you notice while you are building?



❖ **Weaving Mini-Turtle/Tortoise:**

Make a mini-Tortoise to remind you to persevere.

<http://www.pinkstripeysocks.com/2016/05/turtles-using-3-sticks-gods-eye-weaving.html>

FAMILY TAKE-IT-HOME Additional Faith Formation for you:

- ❖ **MINDFULNESS – Sea Turtle video** - Relax and close your eyes once they have seen the sea turtle swimming enough. Let your imaginations show the turtle slowly swimming in the deep blue ocean. This is a long video with relaxing music that you can do at home for as long as you want to music video:
https://www.youtube.com/watch?v=5SDgq_t8zJ0

We find turtle and tortoise energy when we need the slow steady pace and perseverance to accomplish something.

Families come together –children& teens invited for...



Family Ministry Night: Come for worship and a short program together. Meet other families.

Tuesday, Feb. 6th from 7:00 -8:00 pm will include:

- **Part 1: Worship** with Mary Collins, Children's Program Coordinator and Rev. John that will include: video music, opportunity for joys & sorrows, reading with short story & Rev. John's thoughts, small group break out question pondering, rock and sand mandala and other open table activities.
- **Part 2: Now planning** for next year's PreK-12th grade programming and curricula. Give YOUR feedback and ideas for faith development opportunities!

Additional Family Ministry Night Dates (First Tuesdays of the month):

**March 6, May 1 from 7:00-8:00pm,
April 3 Potluck and worship 6:30-8:00pm**

