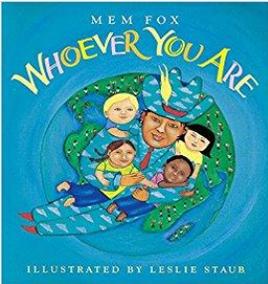


PRE-K-1st grade children

FAMILY TAKE-IT-HOME for APRIL 29, 2018

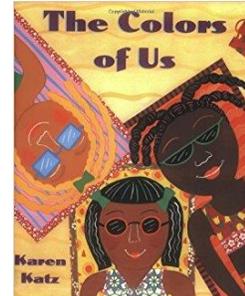
(by Mary Collins, Children's Coordinator, Unitarian Church in Westport, CT)

Topic: Emergence into Wholeness: CELEBRATING DIVERSITY



ACTIVITIES ON SUNDAY MORNING: Mindfulness practice, Share unique movements, Skin color crayon drawings, Story Options:

- Whoever You Are by Mem Fox VIDEO
<https://www.youtube.com/watch?v=QCSMnnX23k>
- The Colors of Us by Karen Katz VIDEO
<https://www.youtube.com/watch?v=679Sw4IACAK>



DISCUSSION & QUESTION:

Sadly, some people think and act like white or lighter color skin is better than brown or black skin. This is called racism & it is wrong and unfair. Each person has a gift to share and is important and we are better together!

Can you tell what a person likes to do from how they look? (Sometimes- for example if you see ice cream on their face or paint on their clothes, you might guess that they like to eat ice cream or to paint. Or if you see someone wearing a shirt with a dinosaur or a soccer ball, that may mean they are interested in dinosaurs or soccer, but it might just be a recycled shirt from an older brother or sister who did)

You can't tell by just looking at someone all about them! ASK them, and LISTEN TO THEIR STORY because Unitarian Universalist Principles remind us #1 that EACH PERSON IS IMPORTANT, # 2 BE KIND, and #3 ACCEPT ONE ANOTHER AND HELP EACH OTHER GROW and LEARN.

FAMILY TAKE-IT-HOME - Faith Formation continues...

Sunshine Action (connection to Nature and our Bodies)

- Take a walk to identify variety. While walking with the children, point out the diversity of colors, shapes, and items in our world. Ask the children: How would it feel to live in a world where everything is the same color? What if there was only one type of flower? Or tree?

READ MORE BOOKS that celebrates diversity and a variety of experiences:

- *All the Colors We Are: Todos los colores de nuestra piel/The Story of How We Get Our Skin Color* by Katie Kissinger <https://www.amazon.com/All-Colors-We-Are-colores/dp/0934140804>
- *Shades of People* by Sheila M. Kelly (Author), Shelley Rotner (Photographer) <http://amzn.to/2D8n9bN>
- *It's Okay To Be Different* by Todd Parr (Author, Illustrator) <https://www.amazon.com/Its-Okay-Different-Todd-Parr/dp/0316043478> It's okay to need some help. It's okay to be a different color. It's okay to talk about your feelings. From the bestselling author Todd Parr comes a reassuring book about being who you are.
- *More books at 10 Great Children's Books that Celebrate Differences* <http://www.courtneywestlake.com/10-great-childrens-books-that-celebrate/>

AND TALK ABOUT SAME & DIFFERENT, FAIR AND UNFAIR! TRY SAYING THIS: Differences are important to notice. People DO have different experiences because of their skin color and it is harder for many people of color to live as well as white families do. It is important, if you are white, to ask people of color how you can support fair treatment (perhaps they will invite you to assist in some way for changes to unfair economic, environmental, or prison system reform). LISTEN & BELIEVE their experience and leadership.