

CURRENTS

A QUARTERLY JOURNAL OF THE UNITARIAN CHURCH IN WESTPORT



The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

WE INSPIRE and support individual spiritual growth.

WE CONNECT through worship, music, learning, and caring ministries.

WE ACT in the service of peace and justice.



Leading Human Indicators

Daily, it seems, we hear reports of how the economy is improving; the Dow Jones Industrials have crossed the twenty five thousand mark, earnings are up. Even the jobless picture seems to be improving; less people filing for unemployment this month than last. Economists tell us that a bullish stock market is a “leading economic indicator” of good times to come. There are more jobs yes, but what kind are they and can they pay the bills? Can there really be a recovery if people don’ t have the jobs needed to pay their bills and keep their homes? Sure, those of us fortunate to have investments are seeing a huge bump, but can there be any real value in this economy until people are back at work and caring for their families with dignity and promise?

Measuring an economy from only the bottom line is poor economics. The human cost since the Great Recession is greater than the comparative growing wealth of a few. Divorces are on the rise, people are depressed and our state budgets, so deeply dependent on taxes generated from economic growth, is unable to help the many who need it most. The anxiety created by our current administration, the rise in gun violence and worries over our warming planet only add to the failing of our present.

What we really need is a recovery of the human spirit. What we need to be looking and working towards are the “leading human indicators” that our world will not only recover from this fall but grow in deeper and more meaningful ways than how much we consume. What would some of those human indicators look like? Well, some are already evident especially in our congregation. Communities are reaching out to those in need. Not the governments of communities but communities of people united in a faith for a new beginning. This kind of recovery isn’ t measurable by domestic output. It shows up in more subtle ways and is often deeply personal. Religious communities, especially, have seen both an increase in attendance but also an increase in giving to meet the needs of those amongst us who are most in need. We have a long way to go but it is a start. Volunteering to help, whether in a community of faith or in the many secular organizations dedicated to compassion would be another indicator that we are moving on. Feeding the hungry, helping a child to read, answering a help line, are all indicators of a real recovery.

I believe that a rebound in the arts might be another sign that we have grown from this crisis. It’ s tempting to measure productivity by what we make or build or consume, but there is a deeper economic vitality in celebrating what makes us human. When we support every form of art again, just because it feeds our souls, we will be well on our way to a deeper recovery. Jobs will be created and the Holiness of what is beautiful in this world will be reclaimed.

There are other economies besides the monetary; the barter between friends, the care we show our neighbors that they may one day return to us, and the deep satisfaction that comes from helping another in the name of all that is Holy and good. This has been a remarkable year at TUCW. I have every confidence we will continue to grow and recover.

With Grace and Grit, *Rev. John*

UU History and Personal Impact

by Julio Torres,
Intern Minister



“We have a tradition of freedom, tolerance, and reason from our Unitarian roots, and a tradition of faith, hope, and love from Universalist roots”.

Rev. Dr. Elizabeth Strong

When I consider our Unitarian, Universalist and Unitarian Universalist History I see my spiritual journey. Particularly because I was Roman Catholic who, in questioning that faith tradition, came out of one group to then come into this one as a Unitarian Universalist. Proud I am, to identify as a man of faith in our living tradition. In this article I want to talk about a UU History series TUCW will be doing, as well how UU History has made an impact on me. Particularly the theology, principles, sources of faith, and a few historical points. I 100% believe the purpose of history is to know the past to build towards a better future.

Our religious institution is built to help us on a spiritual journey and it has thousands of years of conversations built into it. We are post-Christian nowadays, but that is only fifty years of the almost two thousand year span of Christian conversation. If we go back further before the Common Era we have a history which includes few hundred years of monotheistic Jewish tradition, and a few hundred or more year Ancient Judaic Polytheism prior to that. However technical we become about our influences from Polytheist/ Pagan, Shamanic, Hindu, Buddhist, Daoist, Confucian, etc. We recognize they are sunlight to a tree primarily of Christian roots.

The idea of roots, originally came from a conversation David Vita and myself had to teach members about UU History. To help recognize roots which we hold close as a spiritual journey hopefully gives us wings to set us free. We started to show a documentary series called A Long Strange Trip – which is a six part (an hour each) in depth telling of UU History.

It talks about the ancient Roman conversations pertaining to Unitarian and Universalist ideas, it talks about Miguel Serveto (Michael Servetus) and Ferenc David (Francis David), it talks about American U and U history and what has happened up until it’s publication in 2014. My bachelor’s degree was in history and master of divinity. I bring this up simply to emphasize how much I believe it is a comprehensive documentary, fully describing historical nuances and further reminding me how lucky we are as a faith tradition to have made it so far. It also gives great insight about issues we have had with which we can learn from, so as to go forth in the spirit of love in our continuing journey.

Rev. Dr. Elizabeth Strong has a powerful message (in the book Essex Conversations) about the tradition of Unitarian Universalism. She says, (Paraphrase) “We have a tradition of freedom, tolerance, and reason from our Unitarian roots, and a tradition of faith, hope, and love from Universalist roots”. In learning about our history as a living faith tradition, I see the genius of Serveto in using reason in a time during the renaissance and pre-enlightenment Europe. I see the power of tolerance of Ferenc David with the Edict of Torda. With Universalists such as John Murray, Judith Sargent Murray and Hosea

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UU History and Personal Impact

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Since we merged as Unitarian Universalists the black community, women, accessibilities, and people of various sexualities have brought their issues to the whole UU Community. In many ways we have been successful, worthy of pride, and others failed, and worthy of shame. So we know room for improvement, and we can learn from the marginalized people within our faith, and work with the power and privilege within the majority of our faith.

Ballou, I see the faith, hope and love immanent in their writings which paved the way for things such as women's suffrage and abolitionist movements. Theodore Parker certainly promoted freedom in his abolitionist work. We see the price paid as Serveto was burned at the stake by John Calvin, and Ferenc David sentenced to life imprisonment.

Those were two of many martyrs, in my mind, for the cause of the beloved community. I hold them as sacred spiritual ancestors as much as I hold Rosa Parks and Rev. Dr. Martin Luther King Jr in my heart. Yet their work is not done, nor were they perfect. A tradition of tolerance is wonderful, however, if we grasp the lessons of our six sources of faith, they did not promote pluralism. That pluralism includes personal experience, prophetic tradition, Jewish and Christian heritage, learning from world religions, natural and social sciences as well as nature oriented faith traditions. However, even in this criticism, I recognize that tolerance is the first step to pluralism and the beloved community. It is the first step in building a global community of peace, liberty and justice for all as per our sixth principle.

A theology of love and universal salvation by Universalists, while extending to all peoples, did not counter the powerful sexism, racism, elitism and other discriminations which are still strong today. In examining our history, I have learned and engaged with powerful roots, and it gives me comfort. In looking at our history, I have developed criticisms so that I may learn from their mistakes, gaps, etc. so as to build a future in which I have dreamed of since I was a boy. Since we merged as Unitarian Universalists the black community, women, accessibilities, and people of various sexualities have all brought their issues to the whole UU Community. In many ways we have been successful, worthy of pride, and others failed, and worthy of shame. So we know room for improvement, and we can learn from the marginalized people within our faith, and work with the power and privilege within the majority of our faith. I know I do as one both simultaneously powerful, privileged and marginalized. After all, having been in the army, I had the privilege of not taking loans for my education.

This living tradition today, seems to be found by accident by many, and those many raised in this tradition leave for various reasons. These are tragedies, however, they are indicators that we must change certain things about our living tradition, however, this is a subject or another time. We were brave enough to know change was necessary, as we merged to Unitarian Universalists, developed, seven principles, and the six sources of faith. We can continue to do so. I know I will transform my ministry to learn from these history lessons and build bridges of embracing pluralism. We can do this with love, in our justice work and personal relationships.



“Mary’s goodbye”

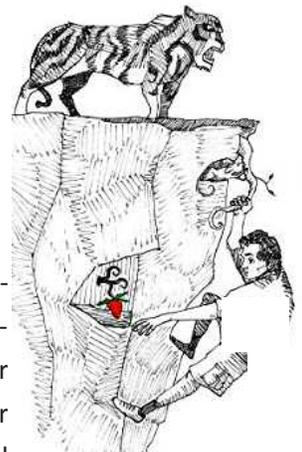
“Love has no other desire but to fulfill itself. To melt and be like a running brook that sings its melody to the night. To wake at dawn with a winged heart and give thanks for another day of loving.” Kahlil Gibran

I write my goodbye with so many emotions swirling through me, but gratitude and love are the primary ones. I have been honored to have been chosen to love and watch grow the children and families and adults of this congregation for six seasons. Pictures flash in my mind’s eye: of child dedications, coming of age, bridging, Thanksgiving and Easter, but also of “ordinary” Sundays when shafts of sunlight touched your faces and moved across the sanctuary gloriously and candles were lit in the candle boat and stories were told. I have loved the Sunday rituals of greeting you and talking with volunteers and families as we watch our children and the seasons change before our eyes. You will live on in my heart and memory.

I am headed to Florida to care for my aging parents and I feel at the cusp of new territory. I have felt rocky and lost in the midst of all of my life’s big transitions, but only for a time until the new normal, the new familiarity, the new understandings emerged like water smoothed stones. So, I am hopeful because I know to ride through the churning of change and to keep breathing through the “not knowing” part of the journey (though it is never easy)! *I am reminded of the parable told by the Buddha of*

The Wild Strawberry:

Being chased by a tiger, and at the edge of a cliff, a person grabbed a vine and jumped over the edge. Hanging upon the wall of the cliff with the sounds of a tiger below and two mice above gnawing through the vine, a perfectly ripe strawberry was within arm’s reach. Plucking the strawberry and popping it in a watering mouth brought a burst of sweetness that was felt deeply and nothing else mattered in that moment.



This reminder to be present in the moment is invaluable in transition. Life changes, as sure as the flow of water, sometimes imperceptibly and sometimes so quickly. People come and go in our lives, and leave their sweetness. Ken Lanouette, founding member who died in 2017 and who I still miss, used to say about loss and transition, *“Somebody new always comes along.”* He was right.

There will be somebody new to expand our understanding and practice of how to be a more loving soul. I’ll keep singing “Meditation on Breathing” When I breathe in, I breathe in peace. When I breathe out, I breathe out love.”

May it be so for us all.

Immigration & Refugee Outreach at TUCW

Our Immigration and Refugee Outreach works closely with CIRI (CT Institute for Refugees and Immigrants) which, this year, is commemorating 100 years of settling refugees in Connecticut.

At a Volunteer Appreciation program on Wednesday, May 2 at the Fairfield Museum two members of our congregation, Stephen Polmar and Marjolijn de Jager, were recognized as Volunteer of the Year in two separate categories.



Members of the I&R Outreach. Stephen Polmar, second from the left and Marjolijn de Jager, fourth from the left.

Stephen was recognized for his contributions in helping to envision and launch a new Career Mentor program, his consistent involvement in the “A-Team” or apartment set-up team, and for spearheading and delivering the very exciting enrollment of over 20 ecstatic refugee children into the Bridgeport Soccer League.

Volunteer Appreciation

Marjolijn was recognized for her commitment to teaching ESL to refugee clients one-on-one every Monday, her work with the Crafts Group, volunteer recruitment, and her liaison role between CIRI and our Immigration and Refugee Outreach, which she chairs. Jessica Suarez, Director, Strategic Partnerships & Communications in thanking The Unitarian Church in Westport for its support said, “CIRI is eternally grateful to the UU and to David Vita’s leadership on all things social justice.”

Get Involved: Immigration Community Support Teams (ICST)

The immigration system is ineffective, it’s irrational, it’s applied inequitably, it’s broken. And we can’t fix the system. But in the meantime we can take action and organize to make it work for some people, we can slow it down, and we can provide support that will encourage more lawyers to take on these pro bono cases.

Immigration Community Support Teams are teams of people who provide support for immigrants facing imminent deportation. A team of volunteers “adopts” a family and provides wrap-around assistance to the individual/family and support for the legal team.



This assistance can take many different forms depending upon each unique case and can include the following: research, writing, media, translation, social media, legal, and medical skills, social service knowledge, organizing ability, letter writing, attending a rally, going to a hearing, and drivers. If you’re interested, there’s something for you to do!

We’re holding an ICST training session in the sanctuary on Saturday, June 16, from 9:30-12:30. If you’re interested please contact David Vita at david@uuwestport.org or call 203.227.7205 x14.

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Our First Success!

Our first team has already met with some success. After working on her case members of the team accompanied "D," an undocumented immigrant, to Hartford where she appeared before an Immigration Judge regarding the extension of her right to remain in the US beyond July and to apply for Asylum. We are happy to report that her request to remain beyond July was approved by the court.

"D" was clearly appreciative of our presence. We helped her to feel less alone. She knew she was with friends and supporters. And we believe that our presence reduced her anxiety. These are major goals of our mission.

Her attorney wanted the extension to wait until her husband's ("L") application for transfer of his case from Arizona, his point of entry, to Connecticut is ruled upon. The attorney believes that if both "D" and "L" have cases pending before the same judge in Connecticut, they can make stronger arguments for Asylum.

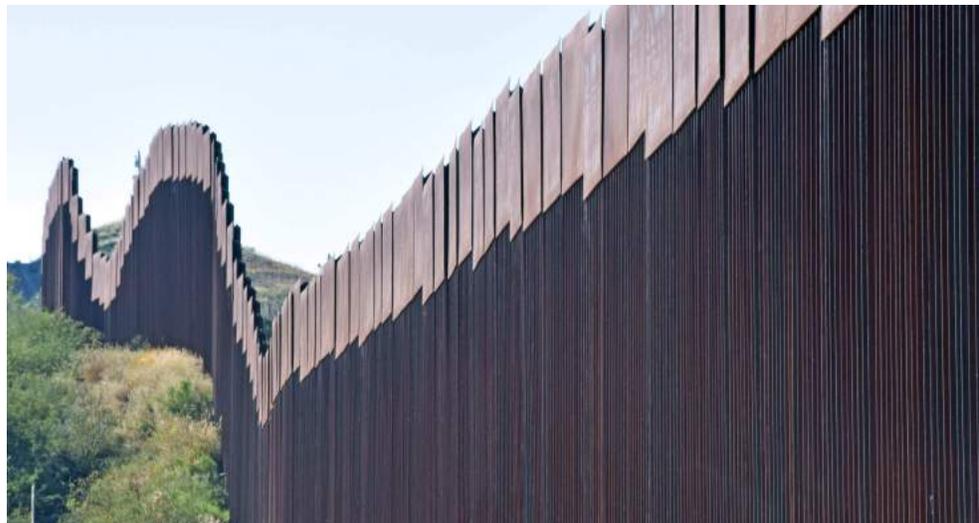
The team provided assistance to "L's" lawyer to reopen the Arizona judge's order of deportation by drafting the history of "L's" harrowing experience crossing the border and finding his way to Connecticut. His situation was further aggravated by the poor representation he received from his prior attorney.

In both cases we did country research, medical research, provided translation, and obtained letters in support "L's" motion to reopen from members of the local communi

Our efforts augmented the astute representation "L" received from his current lawyer. The Arizona judge granted "L's" motion to reopen notwithstanding very imposing odds. The result is that both "D" and "L's" cases for Asylum were boosted

We have witnessed that there are clear and important reasons to lend support to undocumented immigrants facing deportation. And that the team approach works!

We believe that you will find serving on immigration support teams not only provides vital service to undocumented immigrants but also enriches your own life. It has ours.



The wall between Mexico and Arizona



On Sunday, May 20th, the Youth Choir will present a musical called “The Silver Fish”

The storyline comes mainly from the Jewish tradition as it was told in Morocco. There were a few embellishments added. It is a story about desire, power, responsibility, happiness and freedom.....all rolled into one.

The story begins when a poor fisherman, quite by ‘chance’, catches a talking fish. His life is forever changed due to its ‘magical’ powers of manifestation. Of course, I am not going to give away the story, but I will simply say that the transitions which the fisherman goes through are mind boggling. He moves from one end of society to the other, and from poverty to wealth. But how does he get there? And what does it feel like? And what does he take for granted? At what point does he feel trapped and at what point free? What was the source of his happiness? Why did it seem so elusive?

Like any good story, it is about you and me and the community in which we live. How do you see yourself in this musical drama? Come to find out! These young people have been working the entire semester on this project and they are VERY excited to share it with you.

OK, so exactly who wrote the musical? Actually, I did! Because I know each of the choir members and what kind of voice each one has, I was able to shape the music in a way that was custom made for them. I felt that it was important that these young singers have a successful experience since the vast majority of them have never done anything like this before. I don’t mean to imply that I ‘dumbed down’ any of the parts. I did not. In fact, in some cases I wrote it in such a way that they had to stretch their skills. They are actually loving the challenge.

We will be sharing it with you in context of the morning services (both 9:00 and 11:00). Why? Liturgical drama, sometimes called Chancel drama, has been around for centuries. It is a powerful tool to help us ponder big questions. When we see principles such as freedom, choice, responsibility, being acted out or embodied, it enters the mind in a different way than the spoken word alone. We enter the world of imagination and from there one can create all worlds. When we live in another world, even for a little while, we inevitably compare it to our own. Thereby we have the opportunity to measure how we are doing on our own path.

These young people have worked long and hard to memorize and deliver their lines and sing their songs. They practice not just the notes or the scripted words but practice them with emotional content. I can only hope that you will come to witness their good work and partake in the excitement!

It has been an amazing year for the youth at TUCW

We have CONNECTED WITH EACH OTHER & YOUTH IN THE NEW ENGLAND REGION



After a kick-off pool party, we began the year with an almost immediate “lock-in” on September 23-24. In addition to the usual fun, there were two meetings: (1) introduction to past and available service work presented by various members and visitors and (2) an introduction to works underlying UU faith presented by Intern Minister Julio Torres

One November 11-12, TUCW and youth hosted a multi-congregational CON. Full-disclosure: youth from only one other congregation (New London) attended. The youth from New London remarked however that the experience was life-changing. As a result, they and our youth have become closer and have participated in other activities with us. For instance, the New London youth met in Boston and would like to participate in a beach event with us this summer.

Just before Christmas, we reached out to Youth Group alumni and hosted a get together as a large number of alumni came.

After laying the groundwork by meeting directly with other Directors of Religious Education (DREs) in Connecticut, on February 24-25, a Youth Con was held, sponsored by 1)TUCW, 2)The Universalist Church in West Hartford and 3)The Unitarian Universalist Congregation in Hartford. At this Con, the service focus was helping victims of domestic violence.

At a couple of youth group meetings, recent youth group graduates came and discussed the work they were doing in the real world.

Some of the youth also attended New York Metro region Cons and stayed connected to our old region.

There will be opportunities in the summer to connect with UU youth not merely from other domestic congregations, but international ones as well.

We have ENGAGED IN NUMEROUS ACTIVITIES

The TUCW youth have engaged in numerous activities, including the ones mentioned above.

A number of them have attended “Friday Night at the Movies,” a church-wide activity, which originated from youth discussions and began after TUCW obtained a church “video license” through CVLI (Church Video License) which can serve as a teaching/

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fundraising resource. A number of first run movies for young and not so young have been shown, including Paddington 2, Three Bridges, Star Wars, Lady Bird, Wait Until Dark, etc.

Additional activities include the numerous service activities we have undertaken (see next section).

We have UNDERTAKEN REGULAR SERVICE PROJECTS

One of the actions we can be most proud of is that each level of youth group (6th-7th, 8-9th, and 10th-12th) have undertaken regular service projects. For instance, the 6th-7th graders, on a monthly basis, have prepared and served lunches to the homeless and hungry at The Gillespie Center in Westport. The 8th-9th graders, on a bi-monthly basis, have collected clothing and food and have taken them directly to the homeless and hungry in the streets of New York city on "Midnight Runs." The Youth Group (10th-12th graders) have sold wreaths before Christmas to raise money for TUCW and have undertaken food drives at local Stop and Shops to help the hungry.

THE YOUTH HAVE LEARNED MUCH!

The 6th-7th graders learned from a curriculum called Heeding the Call, in which they were taught about various inequities and injustice in the world and examined how people have (or how they could) actively work to right the inequities and injustices. The 8th-9th graders alternated between a "Coming of Age" rite of passage program and the Our Whole Lives (OWL) sexuality and relationship program. The 10th-12th graders did not use a formal curriculum for a large part of the year and used the "Soul Matters" curriculum/guide later in the year, combined with youth group members selecting different discussion topics. All class groups used flat screen TVs on a regular basis for instruction and some classes have used "screenvue" as part of our church license to find, for instance, movie scenes which address various issues.



On January 14th, the UU Danbury youth group invited us to a staged reading of an amazing Ariel Dorfman work, "Speak Truth to Power," in which he gives voices to many people around the world who are defending human rights in various ways.

In February, the youth were guided through Emerson's landmark treatise "Nature," using his exact language in various excerpts.

In February, parents and youth attended separate sessions in a program brought to us by the Addiction Recovery Ministry in which a counselor provided a holistic approach to living one's life to the fullest (rather than the typical boilerplate warnings about the dangers of drugs and alcohol) in a program called Dailouging with Teens bout drugs and alcohol.

THIS SUMMER

Even though the Coming of Age and OWL programs have concluded and the "bridging" program soon to conclude and the approach of summer, we will have opportunities to stay connected through activities with domestic and international UU youth.





2018 Committee on Ministries Reflection

Review of Vision 2028 —
Priming the Pump for the Future

The Committee on Ministries (COM) is an elected committee under our constitution. The COM has the responsibility to support the congregation in reflecting on how effectively we are implementing our mission and what we can do better. We are tasked with giving a report to the congregation at our annual meeting in June.

Working closely with our Sr. Minister, Rev. Dr. John Morehouse, we decided that it was a good time to review the visioning project called Vision 2028 that was completed in 2003. 150 members participated in this comprehensive project and defined specific goals concerning where we would be in 2028. The Our Future Story project completed in 2012 was also included. Most of the goals defined in that program have been accomplished, e.g. the Pastoral Care Chaplain program.

All members of the congregation were invited to join the COM on Saturday, March 10 for a workshop to reflect on the 2028 goals and discuss our future. The COM workshop was designed to identify what we have accomplished since 2003, what is no longer relevant, and what, if anything, should be added. The COM is interested in what people are passionate about and what is important to them. We are grateful to all those who chose to commit half of their Saturday to address these questions.

Twenty-two members of the congregation joined the Committee on Ministries (COM) to review the goals of Vision 2028 and prime the pump for a future visioning project. About a third of the group joined the congregation after 2003 and knew nothing about Vision 2028.

The group was divided into thirds ensuring that each group contained long term and newer members and was facilitated by a COM member. Members shared what brought them to our community (TUCW) and what keeps them coming back. High on almost everyone's list was seeking community, the Music Program, spiritual support from Sunday services and sermons, and Small Group Ministry. Opportunities to help others in the community and the congregation through various social justice and outreach activities were also very important. People wanted to be spiritually nourished as well as give to others.

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One group also identified reasons that kept people from coming back or pushed them to leave the community. Some of these reasons include the perception that UUs must be politically liberal and take an active part in marches and demonstrations, and that political conservatives are not welcome. The term “white privilege” seemed to some to support the assumption that all members were affluent and had never experienced prejudice or the need to work hard in families of modest means to be successful. Also mentioned were prejudice faced by the Catholics and Jews or being told that a job was denied because “we need a minority at that level of management.”

We then reviewed the Vision 2028 goals. The COM, the Social Justice Director, and the purchase of Sheila Lane all came out of the 2028 work. The Vision dreamed of developing a campus with a school of our own and links with Bridgeport and the Muslim community as aspects of the partner church program that began with connecting to a church in Transylvania.

We identified what had been added to our community since the 2028 Vision work was done. They included becoming a Green Sanctuary, the Lift to support the handicapped, a commitment to Policy Based Governance, better use of the website and technology to foster communication, the Woman’s Organization TUC Women and the Men’s Group. We also acknowledged organizational changes that allow the Board of Trustees to concentrate on governance and strategy while the church staff is responsible for addressing other questions, problems or concerns. The Partner Church program is currently dormant. While the Sheila Lane project ultimately was unsuccessful, it has produced financial controls that ensure the loss of funds associated with such an initiative could not happen again.

Each small group looked at what they believed was important to the future. A major concern was the need to understand what has changed in the world and our community. This is fundamental to understanding how to move forward. Membership was another important topic. Outreach to new members through various media, e.g. newspaper and yellow pages listings, and a better website were mentioned. Being called a church was a negative for potential Jewish members and others for whom church connoted creeds and dogma. Concern was expressed regarding the increasing use and importance of electronic media and technology especially with the youth and that our current systems are not user friendly. Suggestions were made to create new groups similar to the addiction ministry. A parenting class was one possibility.

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Committee on Ministries /
Priming the Pump for the Future

The need for additional ministers, either an Assistant or a called Associate, was considered very important. Many in the group felt that the increased span of management responsibilities and other activities required addition support that would best be met with an Associate Minister. We had an Associate or Assistant Minister for a numbers of years, but for the past several years there have been insufficient funds to support this position.

Focus on the Social Justice program was also considered highly important and the envy of many of the churches we collaborate with thanks to David Vita and the enthusiastic support of many committed volunteers. There was discussion on increasing our effectiveness by focusing on fewer projects. Making ourselves more visible in the community was considered critical for bringing new members to the congregation. We cannot wait for them to come to us; we need to reach out to them and that means new ideas and new programs.

There was also discussion about our space needs.. There is difficulty in adequately supporting staff offices as well as the many activities and meetings of members. We have space downstairs but we need the revenue from the rent to help pay for maintaining a 50 year old building. While members love the glass and views of the outside, those views also raise the cost of heating and make air conditioning unfeasible financially. The future needs of our physical plant and space requirements need to be a topic in our future planning.

The COM wants to thank every member who participated in the workshop. We especially want to thank those who took the time to make comments and additions to our workshop report. We will continue to keep in touch with you and to provide additional opportunities for members to share their thoughts with us as we work to define recommendations for our future and help our community continue to be vibrant and responsive to the spiritual needs of our members

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