



The Unitarian Church in Westport Soundings

10 Lyons Plains Road Westport, CT 06880
Phone: 203-227-7205

website:
uuwestport.org

SUMMER SERVICES - JUNE 24-SEPTEMBER 2 - 10:00 AM
HOMECOMING - SEPTEMBER 9 - 10:00 AM

SUNDAY SERVICE - June 24, 2018 - 10:00 AM

"Addiction, Trauma, and Freedom" - Denise Lamoureux



There is always a reason for addiction, and for anxiety. Generally, there is an underlying traumatic experience that gets buried in the body and the brain; it can be conscious or unconscious, real or perceived. Addictions are not limited to drugs and alcohol, but include addictions to shopping, power, sugar, etc. Denise will guide us in clearing out stuck energy, and experiencing being free. Denise founded Finding Feathers Wellness Center in

Fairfield, CT. She is a certified Crystal Dream Healer, IYS Therapist, Reiki Master, Channel and Trauma healer. In addition, she studies the brain and the neurological system and their effects on trauma, addiction, anxiety and the physical body. She teaches transformational workshops and runs powerful healing meditations and has a successful one-on-one healing business. Suzanne Sheridan will perform original songs. And Denise will offer a demonstration after the service.

Worship Associate: Mary Megan Marshall

Pastoral Care Chaplain: Tom Hearne

SUNDAY SERVICE - July 1, 2018 - 10:00 AM

UPCOMING EVENTS

Child care is provided for Sunday Services & on an as needed basis for other events. Organizers of events should contact [Saundra Clements](mailto:Saundra.Clements@uuwestport.org) to arrange child care.



Sun June 24
Meditation - Elm Room -
10:15

TUCWomen Brown Bag
Lunch - MH - 12:00

Mon June 25
NVC Practice Group - Lib
- 7:00

Thurs June 28
Assistant Minister Search
Team - Rev. John's
office - 7:00

Fri June 29
UU Movie Discussion -
MH - 7:30

Sun July 1

"What's Your Super Power?" - Judy Eckert

Asking yourself the question, "What would you do if you knew you wouldn't fail?" helped Judy unleash her superpower. She will share with our congregation her journey from introvert to stand-up comic (which will include some of her comedy routine). Judy has lived in Connecticut for all but a three and a half year stint in Michigan. Her first time at the TUCW was on her third date with now spouse, Liz McGovern. Judy enjoys cooking, camping and finding different ways to give back to the community.



Worship Associate: Linda Hudson

Pastoral Care Chaplain: Ann Taylor

Meditation - Elm Room - 9:00
Immigration Social Action - Sanctuary - 12:30

Sun July 8

Meditation - Elm Room - 9:00

Wed July 11

Domestic Violence Task Force - EW - 12:30

Buddhist Practice Group - MH - 7:00

COM - Rev. John's office - 7:30

Sat July 14

Pastoral Care Associates - MH - 1:00

Sun July 15

Meditation - Elm Room - 9:00

[SEE TUCW'S CALENDAR FOR MORE INFORMATION](#)



Lifespan Faith Development Celebration, Sunday, June 10, 2018



Homily - Mary (Collins) Borland

We extend sympathy to Ed Van Gelder and his family on the death of his wife, Inge. The date for a memorial service has not yet been set. Ed and Inge have been long-time members of our community.

We've got a fair amount of unsold plants from our Meditation Garden fundraiser.



Remaining plants are available as "first come, first served" to any interested parties. They will remain in the courtyard and can be picked up at any time throughout the weekend.

UU Movie Discussion Group: Friday, June 29th at 7:30 pm in the Meeting House.

Featured movies: *First Reformed*, *On Chesil Beach*, and *The Seagull*.

For more info email Lorna Donnelly at ld06824@gmail.com.



You are Invited!

To an Ice Cream Social

Hosted by the Search Committee for our new Assistant Minister for Faith Formation
(and all it will cost is your 2 cents!)

As we prepare to welcome a new Assistant Minister to our congregation, we need your input.
We want to know what is important to YOU!

June 24th - After 10:00 am services in the East Wing

Members of the Search Committee will be circulating with various questions, seeking your feedback.

Can't make this event? Stay tuned for more opportunities to share your feedback.



*Jenna Jacobs and Matthew McPartland
invite the UUCW community to share the joy of their wedding
Saturday, July 7, 2018 at 5:00 pm
with light refreshments to follow on the patio*



The Lane Lyceum at First Parish in Needham UU - honoring our beloved Ed Lane



First Parish in Needham is delighted to be renaming our Lyceum the Lane Lyceum in memory and honor of Reverend Ed Lane. A small group of First Parish members have contributed over \$38,000 to seed the Lane Lyceum Fund to support the Lane Lyceum Speaker Series and community education. We are now asking a larger audience to consider honoring Ed with a donation via this link.

<https://faithify.org/projects/the-lane-lyceum-at-first-parish-in-needham/>

Please take a moment to read this information and watch the video. All donations will be deeply appreciated. If you prefer to donate by check, you may make it payable to First Parish in Needham and mail it to First Parish in Needham, 23 Dedham Avenue, Needham, MA 02492. (Please note that your donation is for the Lane Lyceum.)

TUCW Annual Tag Sale - Saturday August 18, 2018 - 8:30 to 4:00 pm

Our eclectic sale attracts many young families from surrounding towns, enabling them to find bargains in household goods. Keep them in mind as you update or clean out or simplify your life.

Save your donations until the week before, if possible.
(The Meeting House will be available late June, if necessary.*)

Do YOU have a TRUCK or VAN for PICK-UPS?
Contact Linda Hudson - ludson30@hotmail.com

VOLUNTEER! - Look for sign-up sheets in the foyer, or contact
Dorothy Rich - dorothyjeanrich@gmail.com

[CLICK HERE](#) for more information and the flyer.

[CLICK HERE](#) for What to Donate.

* for other arrangements, call/text Linda - ludson30@hotmail.com, 203-829-6685



Pastoral Care - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - (203-227-7205 ext. 19) or email - pca@uwestport.org.

[CLICK HERE](#) to learn more about our Pastoral Care Associates.

you are not alone!

For individuals or families of our congregation seeking confidential support or information about addiction issues... please contact our Addiction Recovery Ministry by calling 203-227-7205 ext. 19 or emailing pca@uwestport.org.

UPCOMING SERVICES

SUMMER SERVICES

July 8, 2018 - 10:00 AM
Reclaiming My Time - Rev Kimberley Debus

July 15, 2018 - 10:00 AM
"Ending the Epidemic" - Mary-Megan Marshall

July 22, 2018 - 10:00 AM
"To Seek the Truth in Love" - Tom Hearne



July 29, 2018 - 10:00 AM
"Aging to Saging" - Cheryl Dixon Paul

August 5, 2018 - 10:00 AM
"My Journey with Nature as Teacher" - Jim Francek

August 12, 2018 - 10:00 AM
"Love" - Donna Thomas-Bennett

August 19, 2018 - 10:00 AM
"Going for Refuge" - Bob Bevacqua

August 26, 2018 - 10:00 AM
"Broken to Unbreakable" - Pat Francek, Janet Luongo

September 2, 2018 - 10:00 AM
"The Garden of Eating" - Jenna Jacobs

LIFESPAN FAITH DEVELOPMENT

SUNDAY, June 24, 2018

THIS WEEK INFORMATION for (Pre-K to 5)

* **OUR SUMMER HOURS: 10:00 am only**

* START DIRECTLY in **OAK Room**

- Sign out children after the service ends.

* **Topic: Blessing: Theme: Our five senses.**



[CLICK HERE](#) for Pre-K-5 FAMILY "TAKE-IT-HOME" for SUNDAY, June 24, 2018.

SUNDAY, July 1, 2018



THIS WEEK INFORMATION for (Pre-K to 5)

* **OUR SUMMER HOURS: 10:00 am**

* START DIRECTLY in **OAK Room**

* **Topic for July is JOY: This weeks theme: The joy of summer.**

[CLICK HERE](#) for Pre-K-5 FAMILY "TAKE-IT-HOME" for SUNDAY, July 1, 2018.

YOUTH GROUP

SUMMER ACTIVITIES: This summer a number of youth from UU congregations in Europe will be in New York and Connecticut, hosted by members of six different UU congregations. (Interestingly, every host family this year has a member on his/her congregation's board or is a DRE). In connection with the arrival of the European UU youth, a number of activities/get togethers are planned or will be. Here is what is known so far (may want to mark your calendars):

1.) THURSDAY, JUNE 28: New London youth would like to meet with TUCW youth at **Hammonasset Beach**. This one has nothing to do with European UU youth. Details later.

2.) SATURDAY, JULY 14: Day of fun at **Kettletown State Park** (Southbury, CT) with local UU youth and at least one (maybe 2) UU youth from Europe.

3.) THURSDAY OR FRIDAY OR SATURDAY (JULY 19, 20 OR 21): Day of fun at **Niantic Beach** with local UU youth and at least one (maybe 3) UU youth from Europe.

(1)-(3) are in the works and (2) - (3) are dependent on youth from Europe and local families and congregations.

EVALUATION/FEEDBACK MEETING: A few parents have indicated that this should be after the proms, graduations, school year, etc...So look for a Doodle poll shortly to schedule.

Have a great summer everyone!



The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

WE INSPIRE and support individual spiritual growth.

WE CONNECT through worship, music, learning, and caring ministries.

WE ACT in the service of peace and justice.