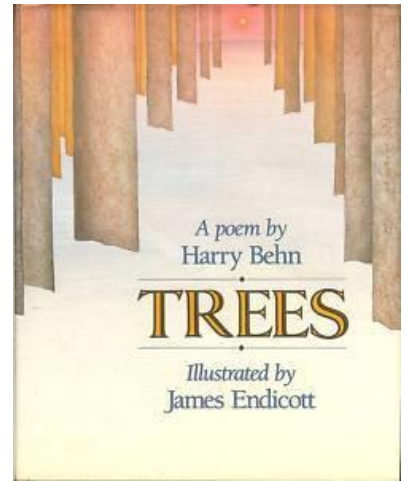


PARENT TAKE-IT-HOME HANDOUT - for JULY 15, 2018

TOPIC: Our Joy in TREES

Video of book Trees by Harry Behn – **This book was made into a SONG:**

<https://www.youtube.com/watch?v=AUUB6zJ98iQ>



DISCUSSION QUESTIONS:

- **Do you agree that “Trees are the kindest things you know?” Who or what else would you also be “kindest things you know?”**
- **What are you most grateful for about trees and what comes to us by their presence? How many can name?** (i.e. oxygen, beauty, shade, fruit, leaves to jump in in fall, a wooden climber? Useful as a fence, a canoe or boat, a chair or table? Wooden trains or other toys...)
- **Which UU Principles do you think of after hearing this story?** (Principle #2 Be Kind? #7 Care for planet earth?)

FOLLOW UP ACTIVITY:

- **Tree Meditation** - Find a tree. Touch the bark, then lie down and look up, listen, smell. Be still together mindful of the tree.
Or, eat something you like that grows from a tree - with mindfulness.



Maple



Apple



Pine



Willow