

## PARENT TAKE-IT-HOME HANDOUT- for JULY 29, 2018



For PRE-K-5th

Topic: EARTH'S EDIBLES

**BOOK/VIDEO:** Blueberries for Sal by Robert McCloskey

Video of story (7:14 minutes):

<https://www.youtube.com/watch?v=Mx1eL1reOEU>

### DISCUSSION QUESTIONS:

- How do bears and other animals prepare for winter differently than your family does?
- Do you have experience or stories of canning or farming in your family history? Do you grow any food in a pot or garden?

### FAMILY FOLLOW UP ACTIVITY OPTIONS:

- Take time to eat an edible from the earth with mindfulness

