

Please put your phones in silent 'worship mode'

**WELCOME** Mary-Megan Marshall, Worship Associate

*A Prelude for the Violin* Thomas Baltzar (1630-1663)  
Daniel S. Lee, violin

## CHALICE LIGHTING

## STATEMENT OF AFFIRMATION

Love is the spirit of this church, and service its law.  
This is our great covenant: to dwell together in peace  
To seek the truth in love, and to help one another

**OPENING WORDS** Cheryl Dixon-Paul

**HYMN #184** Be Ye Lamps Erik Paul, leader

## PAIRINGS

## CANDLE LIGHTING

## MEDITATION

*Largo*, from Sonata No. 3 Johann Sebastian Bach  
for Solo Violin (1685-1750)

**SERMON:** "Aging to Saging"

## OFFERING

*Gigue*, from Partita No. 3 for Solo Violin Bach

## CLOSING WORDS

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### ABOUT CHERYL:

Cheryl has been a member of the Unitarian Church in Westport for 23 years. During her time here with us she sang in choirs for 15 years and has served as a Worship Associate for 5 years. In keeping with the spirit of intergenerational relationships, Cheryl facilitated the Our Whole Lives program for 6 years.

### ABOUT DANIEL:

Award-winning violinist Daniel S. Lee enjoys a varied career as a soloist and educator. He is the core violinist of the Sebastians, the baroque ensemble that he founded and co-directs. With degrees from the University of Connecticut, Yale and Julliard, Lee is a member of the early music faculty at the Yale School of Music.

### UPCOMING SERVICES *We hope to see you again!* 8/5 – Rev. Jim Francek – "My Journey with Nature as Teacher"

A series of personal reflections, poetry, chanting and drumming will be shared. The core of this experience will invite you to engage nature as a primary source of discernment and inspiration. In the sounds of the wind, the flight of the hawk and the silence of the trees there awaits answers to almost all life's questions. The mandarin duck leaves us lots to reflect on. Jim is the oldest of ten children, a son, brother, husband, father, grandfather, and uncle. He has functioned as a minister, social worker, executive coach, group facilitator, organizational change consultant, "minister at large" and Emergency Room chaplain. His current work is best described in his two websites:

[www.ceremonieswithoutboundaries.com](http://www.ceremonieswithoutboundaries.com) and  
[www.tavafullcircle.com](http://www.tavafullcircle.com). He draws inspiration and support from his study and practice of an indigenous earth based spirituality and involvement with the UU community here in Westport  
WA - Jamie Forbes

### 8/12 Donna Thompson-Bennett -- "Love"

Donna Thompson will preach on how she and her husband seek to love their children Brittany and Ahmad and their grandchild Nylah, who they seek to raise in the power of their faith, family and culture. Sister Thompson is a child of God who seeks to be a woman of faith each day. Donna and her soul mate Pastor Anthony L. Bennett are blessed to love, live and serve in Bridgeport, CT with the beautiful people of Mount Aery Baptist Church. Donna's servant leadership with God has included work as a youth & women's ministry facilitator, spiritual teacher, social justice advocate, retreat presenter, as well as a prayer and meditation leader. Donna is a graduate of Spelman and Georgetown University Law Center.

WA - Cheryl Dixon Paul

**Every Wed. Buddhist Practice** with Nina Nagy, Meeting House 7 pm. email Nina each week that you're planning to attend. Open to new comers. [ninazcara@gmail.com](mailto:ninazcara@gmail.com).

**Sunday Meditation at 9:15 – 9:45 a.m.**, downstairs in the Elm Room, open to anyone. Contact Janet with questions, [iluongo3@optonline.net](mailto:iluongo3@optonline.net)

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**Annual massive Tag Sale! , Aug. 18** – see **sign-ups** and fliers of what to donate in the foyer. Bring donations the week before. If you just can't wait, bring things to the lower level of the Meeting House after July 8. Call Diane in the office, 227-7205 ext. 10 to make sure it's open.

Need help with transporting? Contact [dorothyjeanrich@gmail.com](mailto:dorothyjeanrich@gmail.com)

For individuals or families of our congregation seeking confidential support or information about addiction issues... please contact our **Addiction Recovery Ministry** by calling 203-227-7205 ext. 19 or emailing [pca@uuwestport.org](mailto:pca@uuwestport.org).

Women's Potluck - Before summer ends TUCWomen will celebrate warm weather, sisterhood and connections. At the home of Sudha Sankar, August 24, 6:30 PM. Bring something to share -- no rules! Or bring nothing if you are too tired to cook. All women of the UU Westport community are welcome. RSVP to Sudha - [sudhasankar100@yahoo.com](mailto:sudhasankar100@yahoo.com)

**WELCOME!** We're glad you're here this morning. If this is one of your first visits, and you want to know more about us, please stop to talk with any one of us. And join us after the service for refreshments and conversation. Our ministers have the summer off from preaching, so our Sunday services are led by members and friends of the congregation. More about the congregation can be found at [www.uuwestport.org](http://www.uuwestport.org).

- There are listening assistive **headphones** on the back wall of the sanctuary. Please remember to turn them off.
- **Armchairs** are reserved for those who need them.
- There is a nursery downstairs for little ones, with staff supervision, and activities for children of all ages. An usher can show you the way.

For additional information:

[https://www.ted.com/talks/dixon\\_chibanda\\_why\\_i\\_train\\_grandmother\\_hers\\_to\\_treat\\_depression](https://www.ted.com/talks/dixon_chibanda_why_i_train_grandmother_hers_to_treat_depression)

Welcome to  
*The Unitarian Church in Westport*  
Sunday, July 29, 2018



**Today's worship participants:**

**Service Leader:** Cheryl Dixon-Paul

**Worship Associate:** Mary-Megan Marshall

**Pastoral Care Chaplain:** Shari Brennan

**Ushers:** Tom Croarkin and Susan Starkie



*The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.*

*We **inspire** and support individual spiritual growth.*

*We **connect** through worship, music, learning, and caring ministries.*

*We **act** in the service of peace and justice.*

10 Lyons Plains Road, Westport, 06880, 203-227-7205

[uuwestport.org](http://uuwestport.org)

Senior Minister, Rev. Dr. John Morehouse