



**PreK-Wiggly
FAMILY TAKE-IT-HOME**

9-9-18

Theme: Vision

Topic: Rosh Hashanah

Unitarian Universalist Source: Jewish Heritage

L' Shanah Tovah
Have a sweet year!



Message: The Jewish High Holy Days : [Rosh Hashanah](#) - Jewish New Year

Here's a description for children

http://www.chabad.org/library/article_cdo/aid/1281278/jewish/Speaking-to-Kids-About-Yom-Kippur.htm

ACTIVITIES ON SUNDAY AM:

- Eating apples and honey (for a sweet year)

TAKE-IT-HOME ACTIVITIES:

Sunshine: Activity (connection with nature and our bodies):

- Go outside and find beauty in unexpected places. Welcome the hard, ugly places and find the gem of beauty in them. It might be a crack in a cement sidewalk with a dandelion, or a white stone in a patch of gravel. It might be a dead tree with a woodpecker home in it, or a broken bottle with the sun shining through it. Take digital pictures and send photos of these places to the members of your group, to remind them to welcome the hard times.

Songs

- **The Kol Nidre** Listen together to a sad and beautiful melody **Traditional Yom Kippur** - 13:12 minutes <http://www.npr.org/templates/story/story.php?storyId=4955739>

For parents only – about Elie Wiesel talks about Evil, Forgiveness & Prayer

- **“On Being” Podcast**
<https://soundcloud.com/onbeing/evil-forgiveness-and-prayer-elie-wiesel-becoming-wise>