



The Unitarian Church in Westport Soundings

10 Lyons Plains Road Westport, CT 06880
Phone: 203-227-7205

website:
uuwestport.org

SUMMER SERVICES - JUNE 24-SEPTEMBER 2 - 10:00 AM
HOME COMING - SEPTEMBER 9 - 10:00 AM

SUNDAY SERVICE - AUGUST 19, 2018 - 10:00 AM



"Going for Refuge" - Bob Bevacqua

Bob will lead the congregation in an experience of meditation on music, and will offer reflections on the human urge to escape suffering and pain, which may take one down a path of greater suffering. He will guide us in accepting the reality of our mortality, and how to go for refuge in the divine. Bob found wisdom in Eckert Tolle's *Power of Now*, and is now a dedicated practitioner of Kadampa Buddhism. He serves by leading spiritual groups, officiating weddings and

offering spiritual counseling. He also serves at TUCW as a resource for our Addiction and Recovery Ministry. He lives and works in Westport, where he cultivates orchids. Bob will lead a discussion following the service.

Worship Associate: Janet Luongo

Pastoral Care Chaplain: Ron Taylor

SUNDAY SERVICE - AUGUST 26, 2018 - 10:00 AM

"Broken to Unbreakable" - Pat Francek, Janet Luongo

Pat and Janet will weave poems, readings and stories about personal journeys and transformation, and how to move from dwelling on what had been to imagining what could be. They will reflect on steps they took from feeling hurt to healed, alone to connected, and *broken* to whole. On this theme, Florence Romanov will play classical piano music. All to develop awareness of something within, among and beyond us that is *unbreakable*. A discussion follows the service.



Pat is a clinical social worker, psychotherapist, and a coach for the Center for

UPCOMING EVENTS

Child care is provided for Sunday Services & on an as needed basis for other events. Organizers of events should contact [Saundra Clements](#) to arrange child care.



Fri Aug 17
Tag Sale set-up -
Sanctuary

Sat Aug 18
Volunteer Schedule - Tag
Sale - Sanctuary - 7:00

Tag Sale - Sanctuary -
8:00

Sun Aug 19
Meditation - Chapel - 9:15

Youth Group Advisers'

Creative Leadership. Pat grew up in a large, devout Catholic family on a farm in Wisconsin. She became a Dominican nun for 6 years, then left to marry and have a family of her own. After the tragic death of her son, Peter, she walked her own difficult journey through grief. Pat serves as a chaplain and designed our UU grief support group to help facilitate healing and wholeness for others who have felt broken due to loss. Janet is a holistic coach, yogi, and artist who grew up Unitarian in New York City. Her book, *365 Affirmations on Creativity* was published in 2005, and she just completed a coming of age memoir, *Breaking for Freedom*, 1967. She serves at TUCW in leadership: Worship Associates, meditation, healing journaling and grief support groups. She and her husband often visit their granddaughter and family in Colorado.

Worship Associate: Janet Luongo

Pastoral Care Chaplain: Charles Harrington



TUCW's ANNUAL GIGANTIC 1-DAY INDOOR TAG SALE
8:30 am - 4:30 pm
Put your stuff to Good Use!

It's time for The Unitarian Church in Westport's Annual Tag Sale. Have you been thinking about Summer cleaning in your closets, kitchen, attic or basement? Clearing out the toys while the kids are at camp? **Consider donating to our Annual Tag Sale.** The Tag Sale runs one day only on **Saturday,**

August 18th. Donations are currently being accepted and stored in our Meeting House and will be moved to the Sanctuary on Sunday, August 12th and thereafter donations can be dropped off at the front door.

ACCEPTABLE DONATIONS:

Furniture (must be dropped off and please, **nothing oversized** that can't be easily handled by two regular-type folks who don't move heavy stuff for a living), household goods, jewelry, table/kitchen linens, pictures/paintings, toys and baby stuff, gaming systems, newer electronics (flat screen TVs/monitors and computers, etc.), bikes, outdoor/sporting equipment. If it's in your house, garden or closet it might be waiting for it's big chance to make some Tag Sale Shopper very happy!

Ready to get involved?

Donating - If you just can't wait to bring your stuff to us, the lower level of the Meeting House is available. **Call Diane** in the office, 227-7205 ext. 10 to make sure it's open.

Help Transporting Your Stuff - remember that we can't take anything that our 2 person volunteer teams can't get into a pick-up so no massive pieces like sideboards. **Contact Dorothy Rich** - dorothyjeanrich@gmail.com.

Volunteering - Set-up and/or Sales Crew volunteers **let Ann Lundberg know** you will help - Ann_Lundberg@yahoo.com. We need you for 2 hours or two days, whatever time you can share. A Clean-up crew is especially needed from 4:00 to 6:00 on Saturday.

Orientation - Shahan's office - 11:15

Wed Aug 22
Buddhist Practice Group - MH - 7:00

Worship Associates - Rev. John's Office - 7:00

Sat Aug 25
Small Group Facilitators - MH - 10:00

Youth Group Pool Party

Sun Aug 26
Meditation - Chapel - 9:15

OWL Advisers' Orientation - EW - 11:15

Mon Aug 27
COA Advisers' Orientation - EW - 7:00

O&AF - 7:45

Tues Aug 28
Facilities Advisory Team, Rev. John's Office at 6:30

Men's Choir - 8:00

Wed Aug 29
Buddhist Practice Group - MH - 7:00

Thurs August 30
Special Projects Choir - 7:45

Sun Sept 2
Meditation - Chapel - 9:15

Conversation with Jenna McPartland - EW - 11:00

[SEE TUCW'S CALENDAR FOR MORE INFORMATION](#)



Meditation now in Chapel downstairs every Sunday at 9:15-9:45 in the summer.
All welcome.



**Buddhist Practice Group - Meeting House -
Wednesday, August 22 and August 29 at 7:00 pm**

Newcomers Welcome!

**Please contact Nina Nagy at ninazcara@gmail.com
prior to coming.**



We extend our condolences to the family of William Garrett on the death of his wife, Josephine Garrett. Some of you may remember the Garrett family as they were very involved with our community in the late 80s.

Westport Domestic Violence Task Force Collection

From now through Sunday, August 19 we're collecting supplies for the two Domestic Violence Crisis Center (DVCC) safe houses that service residents in our area.

The DVCC safe houses are in need of the following new and unused items:

- * Twin and Twin XL Sheets
- * Leggings and t-shirts size XS-2XL
- * Luggage

Please bring items to the Social Justice table in the church foyer. Questions?
Contact David Vita - david@uwestport.org



TCUWomen - Celebrate summer and our wonderful community of women.

Come to a Potluck.

Friday, August 24th, 6:30 PM at the home of Sudha Sankar.
Bring something to share or, if you are too tired to cook, just come.

All women are invited.

RSVP to Sudha - sudhasanka100@yahoo.com

Are you receiving TUCWomen email notices? If not or if you are not sure
sign up at <https://goo.gl/forms/2RA8gtacLPeR2Xre2>

Questions about TUCWomen? Send them to tucwomen@uwestport.org



WEED...WEED... WEED! - Saturday, August 25 at 10:00 am



Come and join other church members in our effort to bring the Japanese Meditation Garden back to it's original condition. We need to weed, transplant pachysandra, trim some trees and bushes, and cut back the paths. Meet the designer of the garden and hear his thoughts as well.

Some tools will be provided, but it would be good if you brought your own work gloves and some tools.

Water and pizza will be provided for refreshment.

If you can't make that day, let us know what days would work better.

Contact John McWeeney - johnmcweeney@yahoo.com - and let me know that you're coming.

Barn Dance - Saturday, September 8, 2018, 6:30-10:00 pm

With legendary caller Bill Fischer and Wry Bred

It's time for live acoustic music and endorphin-raising dancing. The consummate caller Billy Fischer will be leading the dances. These are simple, social, group dances meant for all ages, so don't be shy. At the very least come and enjoy the music!

Bring A Friend! Bring a Whole Family of Friends!

Snacks will be available for sale. BYOB for the Grownups.

Suggested donation - \$5/child, \$10/adult, \$25/family



Cake Walk

For added fun we will be featuring another old school Cake Walk.

It's similar to Musical Chairs, but each round a winner takes home a CAKE!!

Tickets for Cake Walk; \$2.00 each or 3 for \$5.00

Please donate a tasty treat to award some lucky winner!

A Cake, a plate of brownies, a pie, whatever strikes your fancy.

Questions? Contact Cathy at mcelroy.cathy@gmail.com

or Elena at erockman2006@aol.com

EXPO



*The Unitarian Church in Westport
Showcasing opportunities to
Inspire, Connect, Act!*

The 2018 Expo is coming! Directly after the Homecoming service on **September 9**, the Expo will showcase the amazing work done by TUCW's many committees and groups. You can learn about their accomplishments and future plans and find out how you can get involved. The event will also feature a barbeque and potluck lunch. Please join us!

**'Creating TUCW's Future' - You are Invited:
Saturday, September 15 - morning OR afternoon session**

You are invited to join a congregation-wide event and spend a few hours on Saturday, September 15 to help refine TUCW's vision by sharing your best memories, most beloved church programs and activities, and your aspirational hopes for TUCW in the years to come.



What: The Board of Trustees is planning a series of events leading up to the prospective launch of a Capital Campaign that will enable us to address deferred repairs, replacements, and upgrades to our facilities - all with an eye to growing our programs, membership, celebrations, and community engagement



**Save The Date!
Camp Jewell Multigenerational Retreat
October 12-14, 2018**

Come and sign up at our table at the Homecoming Expo!!
Cathy McElroy, Elena Rockman-Blake, Eileen O'Reilly
More information to follow.

Pastoral Care - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - (203-227-7205 ext. 19) or email - pca@uuwestport.org.



[CLICK HERE](#) to learn more about our Pastoral Care Associates.

you are not alone!

For individuals or families of our congregation seeking confidential support or information about addiction issues... please contact our Addiction Recovery Ministry by calling 203-227-7205 ext. 19 or emailing pca@uuwestport.org.



UPCOMING SERVICES

SUMMER SERVICE

**September 2, 2018 - 10:00 AM
"The Garden of Eating" - Jenna Jacobs**

**September 9, 2018 - 10:00 AM
HOMECOMING**

LIFESPAN FAITH DEVELOPMENT

SUNDAY, August 19, 2018

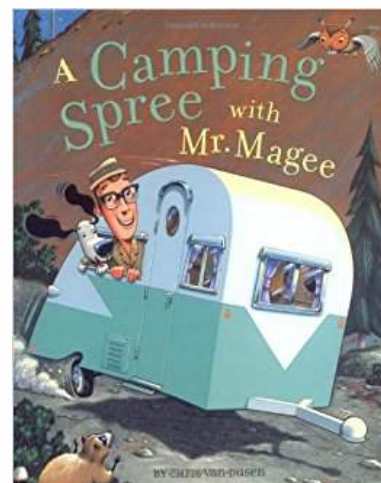
THIS WEEK INFORMATION for (Pre-K to 5)

10:00 am in the Lower Level OAK room PreK and wiggly children (usually K-3rd) but older siblings welcome too.

Topic: Camping - Cooperation is helpful to set up a campsite and gives us practice for working together and responding to when things don't go exactly as planned.. **UU Source:** A sense of wonder in all we share.

Renew your spirit, by being mindful of nature around you which can be your own back yard or an indoor plant! Feed your spirit on the wonder and beauty of nature.

[CLICK HERE](#) for Pre-K-5 FAMILY "take-home" for SUNDAY, August 19, 2018.



SUNDAY, August 26, 2018

THIS WEEK INFORMATION for (Pre-K to 5)

10:00 am in the Lower Level OAK room PreK and wiggly children (usually K-3rd) but older siblings welcome too.

Topic: FOREST/earth's artists

[CLICK HERE](#) for Pre-K-5 FAMILY "take-home" for SUNDAY,

August 26, 2018.



PARENTS - Fall is around the corner.

We are doing 5-10 minute phone calls to REGISTER for LIFESPAN FAITH DEVELOPMENT GROUPS FOR YOUR PreK-12th graders - call or text Mary 203-470-6183 send an email with a good time to reach you to mary@uwestport.org if you haven't heard from her yet.

Do this **ESPECIALLY** IF You have children the following ages because the plan is to offer Our Whole Lives (OWL) Sexuality education groups for two age groups and we need you to know about it and to confirm interest now. so call or text Mary 203-470-6183 if you haven't confirmed with her already.

* **4-5th grade Parents - [See this flyer](#)**

and put Monday, September 10th 7:00-8:30 pm on your calendar for a REQUIRED meeting of 4-5th grade Parents.

* **8th grade Parents - [See this flyer](#)**

~ put Sunday, September 16th, 12:30-2:00 pm on your calendar for a 8th OWL PARENT REQUIRED meeting (and youth will have social time)



We urgently need another OWL teacher (female) for the Fall. If interested, kindly contact Shahan Islam, Youth Program Coordinator at shahan@uwestport.com

YOUTH GROUP



SUMMER ACTIVITIES: This summer a number of youth from UU congregations in Europe will be in New York and Connecticut, hosted by members of six different UU congregations. (Interestingly, every host family this year has a member on his/her congregation's board or is a DRE). In connection with the arrival of the European UU youth, a number of activities/get togethers are planned or will be. Here is what is known so far (may want to mark your calendars):

EVALUATION/FEEDBACK MEETING: A few parents have indicated that this should be after the proms, graduations, school year, etc...So look for a Doodle poll shortly to schedule.

Have a great summer everyone!

The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

WE INSPIRE and support individual spiritual growth.

WE CONNECT through worship, music, learning, and caring ministries.

WE ACT in the service of peace and justice.