



PRE-K-5
FAMILY TAKE-IT-HOME
9-23-2018

Theme: Blessing: Vision

Topic: Autumn Equinox

UU Source: A sense of wonder in all we share

UU Source: The harmony of nature and the sacred circle of life

- **VIDEO STORY:** By the Light of the Harvest Moon

by *Jennifer A. Ericsson* (Author), *Susan Meddaugh* (Illustrator)

<https://www.youtube.com/watch?v=PXIFn-pV8hk>

- **DISCUSSION:** Discuss the events (warmer clothes, darker at night, school begins)/ Holidays (Jewish Holidays, Thanksgiving, Halloween) that arrive during the season of Autumn.

Activities for home:

A Fall Snack: What fruits or vegetables grow in the fall? Do you have a garden? What is growing now? Serve harvest snacks such as apple cider, pumpkin bread or sliced apples, (cut them so the star shows and tell the story of the Little Red House with a Star Inside <http://happyhomefair.com/apple-star-story-for-preschoolers/> For the older children: Supervise them in making a Fall snack: Pumpkin cookies, banana bread, apple pie etc.

A beautiful chant to recite to the children

Chant - Earth, Sky And Sea (Words and music by Sable) - [MP3](#)

Earth, Sky and Sea

Blessed are these three

Day bright and darkest night

Two sides of the light

And one in mind

We will find

Our praises here resound

Yes one in mind

We will find

From our lips to the sacred ground.

http://www.muinmound.org/Rituals/Mabon_Ritual.htm