



PARENT TAKE HOME -- Prek-5th

3-10-19

THEME: JOURNEY TOPIC: PILGRIMAGE

UU PRINCIPAL #4: Each person must be free to search for what is true and right in life.

- **Pilgrimage - the Journey Out**

What places would be considered pilgrimages in your family? A special bench in a park where you shared news of a new family member? A place where a pet is buried? A National Park where a child made their first big hike? Name these places as places of pilgrimage for your family.

- Family Movie Night Ideas: Lion King (G)

<https://www.commonsemmedia.org/movie-reviews/the-lion-king>

Theme Connection: The journey of life is a circle of birth, life and death.

- Creating rituals for your family that you can re visit each year, can feel like your taking your family on a journey of love.

Discussion ideas with your children: Let each children share with you their favorite family ritual (Christmas at Grandmas, Halloween at a cousin's house, yearly cake baking for everyone's Birthday etc.)

Then make a plan to start a new one. These journeys of love can be very simple but bring so much joy and comfort to the children.

Ideas: Taco Tuesdays, Saturday hikes, Ice Cream Wednesdays etc.

NEW RESOURCE!

Soulful Home Family Guides

Soulful Home. Here's the link to the Soulful Home page:

<https://www.soulmatterssharingcircle.com/soulful-home.html>