

PARENT TAKE HOME - Prek-5th

3-17-19

THEME: JOURNEY TOPIC: Justice

UU PRINCIPAL #2: All people should be treated fairly and kindly

## Exploring the “Journey of Justice”

As Adults we speak out in message: We speak out for justice in many ways. One way is to take journeys called marches and protests. We walk/move/roll together to move justice forward.

As parents you can teach children at a very young age to live a ‘just’ life. Wanting to see ‘justice for all’ can begin to be taught in the early years by sharing with them that justice is fairness.

Kindness, sharing, forgiving, reaching out, helping and caring for your friends, teachers, neighbors, family members etc. are a few examples. These good habits will carry over in to their pre-teen and adult years. The best way to teach children is to live by example. Be the example of living a ‘just’ life.

Activity for the younger ones: When a family has more than enough for themselves it is important to help those that do not have enough. Have the children choose a ‘cause’ or a ‘place’ that can use some help (no matter how small). Visiting the neighborhood dog shelter with food treats or toys, dropping food off at the town food bank, etc.

Activity for your older ones:

### Along the Migrant Trail Game

From UUSC Guest at Your Table resources

<https://www.uusc.org/wp-content/uploads/2018/10/UUSC-Migrant-Justice-Activity.pdf>

“This activity is intended to help introduce elementary and middle school aged children to the difficult

journey many migrants undertake from Central America to the United States. Through drawing cards

that either advance or pause their journey along a board representing the migrant trail, participants will

learn about types of help and hindrances that many migrants experience along their journey.” - from the Activity. As suggested by Leah Purcell, Director of Family Ministry, Albany, NY

**NEW RESOURCE!**

### Soulful Home Family Guides

**Soulful Home.** Here’s the link to the Soulful Home page:

<https://www.soulmatterssharingcircle.com/soulful-home.html>