

PARENT TAKE HOME - Prek-5th

3-31-19

THEME: JOURNEY TOPIC: Endings

UU Source# 6: The harmony of nature and the sacred circle of life

The end of a life is a time to celebrate all the gifts that the person gave with their life. Allow the children to reflect on death and on the end of life.

Say thank-you for sharing in the life of that person.

**Family activity: “Sunshine” (connection with nature and our bodies)
Outside Walk/Memorial Garden.**

Go outside and look for signs of the circle of life. Leaves, old plants, dead bugs, buds, birds flying, trees growing, children playing, elders visiting. You can visit a memorial or graveyard. Talk to the children about these places, talk about how people are remembered - in love and through memories.

If the children are old enough begin a conversation about dying. Tell them what you believe happens when we die. Ask them what do they believe happens? Explain to them there are many religions that have certain beliefs and many individual people that have certain beliefs. These beliefs can even change as you get older. Comfort them and remind them that death is a part of life and its okay if no one really knows for sure what happens.

Story/Video: <https://youtu.be/Q2IYZ8ozJCI>

Where do we go? By wondrous books 2011

NEW RESOURCE!

Soulful Home Family Guides

Soulful Home. Here’s the link to the Soulful Home page:

<https://www.soulmatterssharingcircle.com/soulful-home.html>