



The Unitarian Church in Westport Soundings

10 Lyons Plains Road Westport, CT 06880
Phone: 203-227-7205

website:
uuwestport.org

This Sunday, March 31st, at 11:00, the Special Projects Choir presents their annual Spring concert/service. The featured work will be *"The World Beloved: a Bluegrass Mass"*. It is an unusual fusion of classical choral sound and bluegrass sound. The choir will be joined by guest instrumentalists (banjo, mandolin, guitar, fiddle and bass) and vocalists (soprano, tenor and bass). Poet/lyricist Marisha Chamberlain teamed up with composer Carol Barnett to produce a work which has become very popular and, in fact, premiered at Carnegie Hall three years ago! We are excited to share this very unique work with you in our sanctuary.



UPCOMING EVENTS

Child care is provided for Sunday Services & on an as needed basis for other events. Organizers of events should contact [Saundra Clements](mailto:Saundra.Clements@uuwestport.org) to arrange child care.

SUNDAY SERVICE - MARCH 31, 2019 - 9:00 AM



"Walking the Crooked Path" - Rev. John Morehouse
Rev. John preaches on the how the journey of our lives leads us to wisdom.

Worship Associate: Connie Rockman

Pastoral Care Chaplain: Kathy Roberts



SUNDAY SERVICE - MARCH 31, 2019 - 11:00 AM

"A Bluegrass Mass" - Special Projects Choir
Special Projects Choir presents "A Bluegrass Mass" of Carol Barnett. There will be guest instrumentalists joining us for this unique choral work.

Worship Associate: Connie Rockman

Pastoral Care Chaplain: Julia Wyant



Fri March 29

UU Movie Discussion - EW - 7:30

Sat March 30
Special Projects rehearsal - Sanctuary - 10:00

Voice Classes - Sanctuary - 11:15

Sunday, March 24, 2019



"Our Journey Toward Climate Justice" ~ Rev. John Morehouse

Testimonial



In a moving testimonial **Laurel Carey** describes how, through the love and support of this abundant community, she found her spiritual awakening and how she wants to share that love and help with others.

Sun March 31
Meditation - Willow
Room - 10:00

6th-7th Grade "Learn" -
MH - 11:00

COA - OWL Room -
11:00

Youth Group (9th-12th) -
YR - 11:00

4th/5th OWL - Chapel -
11:00

Harvest the Power -
EW - 12:30

Mon April 1
Buddhist Practice
Group - MH - 6:30

Bell Choir - 6:45

O&A - 7:45

Wed April 3
Stewardship
Committee - FR - 7:00

Elder Care Planning
Group - Library - 7:00

Chamber Choir - 7:45

Thurs April 4
Children's Choir - 5:00

Teen Choir - 6:00

Men's/Women's Choirs
- 7:45

Fri April 5
Shawl Ministry - MH -
12:30

Sat April 6
Voice Classes -
Sanctuary - 10:00

ARM - EW - 12:00

Sun April 7
Meditation - Willow
Room - 10:00

Capital Campaign Planning Team News

TOWN HALL MEETING



Please plan on attending one of the Town Hall Meetings to be held after Sunday services on April 14. Take advantage of this opportunity for updates about the proposed Capital Campaign. Bring your comments and concerns.

Please also read Document 7, the Financial Feasibility Study Summary, which is located below and summarizes interesting findings from a January, 2019, sample of our membership. As always, contact the Capital Campaign Planning Team at CC@uwestport.org if you have questions, thoughts, and/or suggestions.

[1. High Priority Projects for 2019 Capital Campaign](#)

[2. The Capital Campaign Update](#)

[3. 2019 Capital Campaign Timeline](#)

[4. Facts and Figures](#)

[5. Options](#)

[6. Reflections from the Congregation](#)

[7. Financial Feasibility Study Summary](#)



Testimonial

"Here's a glimpse of how a newcomer like me can experience the great community that you all have built."

**Beth Cliff, UU recently moved to Connecticut.
Coming here since October.**

Beth Cliff provides us with the interesting perspective of a UU from another congregation recently attending here.

COA - OWL Room - 11:00

Youth Group (9th-12th) - YR - 11:00

4th/5th OWL - Chapel - 11:00

Immigration Social Action - EW - 12:30

Climate Change Conversation - Sanctuary - 12:30

Mon April 8
NVC Practice Group - FR - 6:30

Buddhist Practice Group - MH - 6:30

Bell Choir - 6:45

CT Against Gun Violence - Sanctuary - 7:00

Wed April 10
Domestic Violence Task Force - EW - 12:30

Spiritual Autobiography Workshop - EW - 7:30

Eliminating Racism - Library - 7:30

COM - Rev. John's office - 7:30

Thur April 11
Children's Choir - 5:00

Teen Choir - 6:00

Membership Team - EW - 7:30

Men's/Women's Choirs - 7:45

Sat April 13
Orientation - EW -



Share the Joy of Reading!

What could be better than reading a beautiful picture book to a child? Reading that book to a classroom of children! Each spring UU members participate in the annual Read Aloud Day at the Beardsley school. Won't you join us? This year we will gather on Tuesday, May 7, at 9 AM for coffee and donuts to preview books that have been designated for each classroom. After being escorted to class by students, we will read the delightful books and talk about them with the children. We then give our book to the students for their classroom library, but the greater gift, by far, is sharing our enthusiasm for books and the joy of reading!

For more information and to sign up to be a reader, please contact Jamie Forbes at jforbes1@gmail.com

- 10:00
- Pastoral Care
Chaplains - MH - 1:00
- Voices Cafe -
Sanctuary - 8:00
- Sun April 14**
6th-7th Grade "Reflect"
- MH - 10:00
- Meditation - Willow
Room - 10:00
- COA - OWL room -
11:00
- Youth Group (9th-12th) -
YR - 11:00
- TUCWomen Brown
Bag Lunch - MH - 12:30
- Congregational Town
Hall Meeting -
Sanctuary - 12:30



**[SEE TUCW'S
CALENDAR FOR
MORE
INFORMATION](#)**

It's time to get back into the woods with our TUCW hiking group!

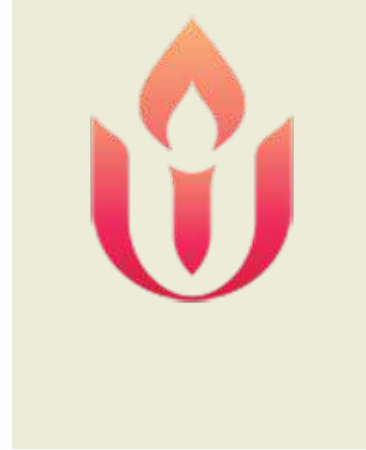
TUCW Hiking Group Schedule

| | | |
|----------|---------|-------------------------------------|
| April 6 | 1:00 PM | Shelton Lakes Recreational Path |
| April 20 | 9:30 AM | Bennett's Pond Trail, Ridgefield |
| May 4 | 9:30 AM | Weir Preserve and Homestead, Wilton |
| May 18 | 9:30 AM | Devils Den or Trout Brook Valley |

Please call Gian or Jamie to join our email group for details, updates and parking information

Gian 203-243-4587 - gmorresi@gmail.com

Jamie 203-521-3848 - jforbes1@gmail.com



Our condolences to the family of Ann Ford and to her partner, Dave Caplan.

Ann passed away suddenly on Tuesday, Marcy 26.

There will be a memorial service on Saturday, April 13, at 1:00.



TUCWOMEN

Ready to chase the winter chill away? Warm up with good food and conversation at a TUCWomen Potluck

April Potluck - Friday, April 5th at 6:30. At the home of Eileen Belmont in Westport.

Bring anything you'd like to share - appetizer, salad, side, main dish, dessert - no rules. If you don't have time to cook or shop, come anyway; there is always plenty.

It's important to RSVP so that you receive location and parking details.

RSVP to Sharon - sharon@slpoole.com

Mark your calendar:

Quotable Women Brown Bag Lunch - Sunday April 14

in the Meeting House, after the 11:00 AM service.
Cathy Paine will be our Guide

Are you receiving TUCWomen email notices?
If not or if you are not sure
sign up here --> [Add me to the list!](#)

Questions about TUCWomen?
Send them to tucwomen@uuwestport.org



DEEPER THAN THE SKIN

A MUSICAL PRESENTATION ON RACE



Voices Café - April 13 at 8:00 pm

The Unitarian Church in Westport, 10 Lyons Plains Road, Westport

Reggie Harris and Greg Greenway were born three days apart, both with family ancestry-enslaved and free-flowing through the same portal of American history, Richmond, VA.

The racial divisions that are the reality of America started each of them in two very different worlds. But, the amazing bonds of music, mutual respect, sheer admiration, and shared vision have brought them together as friends and colleagues.

They are now on a pilgrimage together - one that began three decades ago. Join them on this pilgrimage, a pilgrimage that is Deeper Than The Skin.

Purchase tickets at <https://voicescafe.org/show/greg-and-reggie/>

Doors open at 7:30 ~ Cabaret seating ~ Tickets (\$25 in advance/\$30 walk-up)
Information/ reservations at 203.227.7205 x14 - david@uwestport.org

Grief Support Group:

Begins Monday, May 6th and runs every Monday through June 17th
(except for Memorial Day). The group is held in Rev. John's office from 7:00-8:30 PM

and is open to all who've experienced the loss of a loved one.

To register or to seek more information, please contact either Pat Francek, MSW, at 203-893-1781 or at patfrancek@gmail.com, or Charles Harrington, PhD, at 203-664-1653 or at ccharrington20@gmail.com.



UUA General Assembly

You can be part of an inspirational gathering of Unitarian Universalists at the UUA General Assembly. This year's GA will be from June 19th to 23rd in Spokane, Washington. Rev. John will be there with others from our congregation. Why don't you join them?

We have openings for delegates to GA who represent our congregation at this annual event. There are workshops, fabulous speakers, music, and lots of opportunities to

meet UU's from all over the country.

If you are interested in serving as a delegate from The Unitarian Church in Westport, or have questions, send an email to our secretary, Mary-Jane Cross, secretary@uwestport.org, or speak to any trustee.

You can read more about the General Assembly at <https://www.uua.org/ga>.

UPCOMING SERVICES

April 7, 2019 - 9:00 AM & 11:00 AM
"Our Journey Towards Wholeness" - Rev. John Morehouse

April 14, 2019 - 9:00 AM & 11:00 AM
"The Whole of our Children" - Rev. John Morehouse

April 21, 2019 - 9:00 AM & 11:00 AM
Easter Sunday: "A Proverbs of Ashes" - Rev. John Morehouse

April 28, 2019 - 9:00 AM & 11:00 AM
"Earth Day" - Rev. Jim Francek





Meditation is led by Janet Luongo and others from 10:00 to 10:45 AM every Sunday in the Willow Room downstairs.

We center on our inner light and sense our inter-connectedness with all, using a variety of traditions from mindfulness and music to yoga and Zen.

For more information, contact Janet Luongo - jluego3@optonline.net

Pastoral Care - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - (203-227-7205 ext. 19) or email - pca@uwestport.org.



[CLICK HERE](#) to learn more about our Pastoral Care Chaplains

you are not alone!

For individuals or families of our congregation seeking confidential support or information about addiction issues... please contact our Addiction Recovery Ministry by calling 203-227-7205 ext. 19 or emailing pca@uwestport.org.



TUCWOMEN

Spring 2019 Adult Faith Formation

Six Part Series

Women, Spirit and Imagination

Begins April 9th

Offering women a safe, welcoming place to explore their spirituality and imaginations. Experience inspiration, creativity and connection. Absorb the healing power of beauty and a supportive community. Develop a calm and peace within, an inner haven to return to at any time.

Six Experiences, Six Women Leaders

Session 1: "Spirit and the Arts"

April 9th with leader, Janet Luongo

Activate your creative energy. Reflect on the



creativity of women artists and try a creative activity of your choice. Share with others if you choose. Participate in a drumming circle with guest musician, Terry Hess. No experience is necessary and all materials and instruments will be provided.

7:00 PM-9:00 PM - Meeting House (sessions 2 - 6)

- 1 Tuesday, April 9 "Spirit & the Arts" -- Janet Luongo - Norwalk, Janet's home
- 2 Wednesday, April 17 "Spirituality of Mentoring" -- Cheryl Dixon Paul
- 3 Tuesday, April 23 "Fragrance Spirituality" -- Denise Page
- 4 Tuesday, April 30 "Deeper Vision" -- Beverly Bailey
- 5 Tuesday, May 7 "Woman as Spiritual Warrior" -- Marti Bishop
- 6 Tuesday, May 14 "The Gift of Co-Imagining" -- Pat Francek

Six women will each facilitate a spiritual experience that involves the imagination (no prior expertise needed). We encourage women, if possible, to commit to the whole series in order to create a deeper community.

For more information contact Janet Loungo (jloungo3@optonline.net)
or Rev. Shelly (revshelly@uuwestport.org)
Register by email tucwomen@uuwestport.org

Limited to 20 women. Please register by April 5.



Hello, TUCW!

It is my pleasure to present the Spring 2019 Adult Faith Formation Program. We have four exciting offerings to entice you. Please sign up early to reserve your spots in these wonderful experiences that are sure to help you grow and explore your Unitarian Universalist Faith. There will be a more detailed guide available soon in our lobby and in Soundings. Please feel free to contact me, Rev. Shelly Thompson at revshelly@uuwestport.org with any questions, or contact the presenters directly.
In Faith, Rev Shelly

Plan ahead: the Fall 2019 Faith Formation session will begin in September. If you have a group or workshop that you would like to discuss with me as a potential offering, please email Rev. Shelly Thompson - revshelly@uuwestport.org

Spiritual Autobiography with Tom Hearne

"This workshop series is designed to create a safe, small group environment in which we each can consider the experiences of our lives with the specific intention of creating an autobiography - an exposition of how the spirit has moved in your life to date. By considering the threads of our lives, meditating upon them, journaling and (selectively!) sharing our stories and insights, we can continually deepen our connection to the life-long process of discovering meaning --our journey of spirit."



There will be 4 sessions every other **Wednesday, April 10th; April 24th; May 8th; and May 22nd at 7:30 PM.**

To Register, please contact Tom Hearne - thearne3@gmail.com



Women, Spirit and Imagination with TUCWomen

TUCWomen present a six-week series of unique experiences each led by a different talented woman. Explore inspiration, creativity and connection, beginning **Tuesday, April 9, 7:00-9:00 PM**. Limited to 20 women. Sign up for one or all.

Please contact Sharon Poole - tucwomen@uwestport.org to register by April 5th. [See flyer for more details.](#)

Dissent and Religion with Ravi Sankar

This 3-part discussion series is based upon a program developed and presented at the Chautauqua Institute. The series will be given in 3 consecutive weekend sessions 90 minutes each. **Tentative dates in April: [Saturday, April 13th, 20th, 27th]**



Contact Ravi Sankar - ravisankar100@yahoo.com for more information and to register.

Building Personal Resiliency with Rev. Jim Francek



"I have recently co-authored a book entitled Building Personal Resiliency that will be released within the next few weeks. I designed a workshop for Emergency Room staff and I would like to offer the same opportunity to our congregants.

The workshop is being offered in two Sessions on **May 11th and 18th from 9:30 am to noon**. I think participants of this workshop will take away a number of outcomes.: An increased number of practical tools for living resiliently; Meaningful conversations that support positive outcomes; An identification of one's personal strengths of resiliency; A personal vision & action plan for maintaining resiliency."

Please register so that we have enough materials prepared. There is a minimal cost of \$12 for the book and other materials. If the cost is an issue please talk to Jim. However, the size of the group will be **limited to 50 people**.

To register please email Jim Francek - jimfrancek25@gmail.com Any questions, please call Jim at 719-534-3338.

Our Easter Can Hunt is just 4 Sundays away (April 21)

Please donate some cans of animal food (cat and dog only) so our Hunt can be a success!

All donations will go to the Westport/Weston Animal Shelter or PAWS.

Please deposit cans in bin downstairs near classrooms.



THIS WEEK INFORMATION for (Pre-K to 5)

Theme: Endings

Topic: Journey

UU Principal #6: The Harmony of nature and the sacred circle of life.

PreK-1st 9:00 am and 11:00 am service

LOWER LEVEL - Pine room

11:00 AM service SPRING CONCERT

4th-5th grade OWL in Chapel: 11:00 AM-12:30 PM.

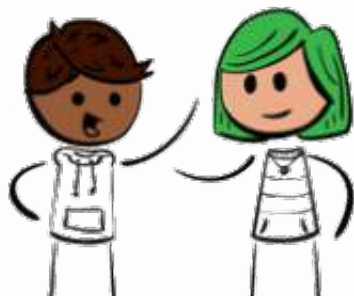
2nd-5th 11:00 AM service: For children who do not attend OWL and who **do not** want to attend the Spring Concert, please feel free to join your friends in the Pine Room (parents, please sign them in).



[CLICK HERE](#) for PreK-5 FAMILY "take-home" for SUNDAY, March 31, 2019

• Families please pick up your children after the service ends 😊

Together get that snack, juice & cup of coffee.



6th-7th Graders Crossing Paths

March 30th **SATURDAY**, 2019 10:00 am-12:00 pm visit to the Do Ngak Ling Tibetan Buddhist Center for Universal Peace

April 7, 2019, Humanism? TBA

April 14, 2019, Jim Francek Lakota Traditions 11:00 AM-1:00 PM

NOTE family members/parents may attend with the kids from 11:00 AM-1:00 PM but please do not disrupt the class by entering right after the 11:00 AM service.

8th Grade Coming of Age

April 26-28th COA Boston Trip

May 4th rehearsal and family celebration 6:30 PM

May 5th Coming of Age Worship at 11:00 AM



YOUTH GROUP [9th-12th]

Meets Sundays at 11:00 am in the lower level of the meeting house.

**This weekend March 29th-31st: Youth Con at UU Congregation of Danbury!
We'll be back in time for Youth Group at 11:00!**



The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

WE INSPIRE and support individual spiritual growth.

WE CONNECT through worship, music, learning, and caring ministries.

WE ACT in the service of peace and justice.