

Theme: Wholeness

Topic: All the slices

UU Principal# 2: All people should be treated fairly and kindly.

UU Message: Wholeness is about tending to and not ignoring the many dimensions of you. Don't live just one slice of yourself; Lean into all of whom you are.

Practice: The work of enjoying and sharing all of yourself with the world.

Family: **Story/Video**

For: Younger children

Just the Way You Are - Reflections about Mr. Rogers

<https://www.youtube.com/watch?v=VpFEInPJO9w>

Wholeness as being your authentic self. The simple truths captured in moments from Mr. Rogers' show.

For: Older Children

I am Somebody Jesse Jackson's 1963 speech as part of The Black Power movement

https://www.youtube.com/watch?time_continue=6&v=NTVwT3j_zqY

The power of Black people during the Civil Rights movement chanting this poem with Rev. Jesse Jackson in a full stadium.

[A](#)ctivity for the whole family: Earth day just past this last Monday, but you can still make it a priority to know your planet better, so as to understand better what is being threatened by climate change and how we can make something out of the brokenness human beings are causing. We must work to repair the brokenness, pick up the pieces and create a new ethic to bring wholeness back to our planet as part of our commitment to the 6th principle of UU, the interdependent web of all existence.

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