

The logo features a stylized teal flame or leaf symbol on the left, composed of horizontal lines. To its right, the text "The Unitarian Church in Westport Soundings" is displayed in a teal, sans-serif font. "The Unitarian" and "Soundings" are in a larger font size than "Church in Westport".

The Unitarian Church in Westport Soundings

10 Lyons Plains Road Westport, CT 06880
Phone: 203-227-7205

website:
uuwestport.org



Notice of Membership Meeting Sunday, May 5, 2019 - 12:30 PM in the Sanctuary

AGENDA

Call to Order and Purpose of the Meeting

The Board of Trustees has received a recommendation from the Capital Campaign 2019 Planning Team and is calling a membership Meeting to vote on a Capital Campaign for building improvements.

Establish Quorum and Appoint Moderator

Fifteen percent (15%) of the number of voting members as reported by the Secretary in the last annual report shall constitute a quorum. An independent Moderator for this meeting will be present for approval.

Rationale for the Proposed Capital Campaign

Members of the Capital Campaign Planning Team will provide the rationale for the proposed building improvements.

Discussion/Debate/Vote on Changes

The Moderator will facilitate full member participation in discussion and amending/revising the proposal, and will call for the vote.

Adjournment



~ Mary-Jane Cross, Secretary
Board of Trustees

UPCOMING EVENTS

Child care is provided for Sunday Services & on an as needed basis for other events. Organizers of events should contact [Saundra Clements](mailto:Saundra.Clements@uuwestport.org) to arrange child care.



Fri May 3

Tiny Town Hall - EW - 10:30

Shawl Ministry - MH - 12:30

Sat May 4

ARM - EW - 12:00

COA Rehearsal - Sanctuary - 4:30

Sun May 5

Meditation - Willow Room - 10:00

Q: How do I find out if I am eligible to vote?

A: E-mail David Vita - david@uuwestport.org.

Q: How long will this meeting take?

A: That's hard to tell - it depends on how prepared members are ahead of time and how many amendments to the proposed changes will be made/debated and voted. Plan on about 2 hours at most.

Q: What about childcare?

It's Coming of Age Sunday!



Please join us for worship at 11:00 am to celebrate this special rite of passage with our 8th grade class. Children and youth of all ages are encouraged to attend with their parents. There will be a reception with cake after the service, before the congregational meeting.

YOUTH GROUP: please plan to attend and participate in the Coming of Age service at 11:00!

SUNDAY SERVICE - May 5, 2019 - 9:00 AM

"The Practice of Curiosity"
- Rev. John Morehouse

Rev. John explores the uniquely human capacity to use curiosity as a means to making meaning.

Worship Associate: David Smith

Pastoral Care Chaplain: Shanonda Nelson

Music: Bell Choir



SUNDAY SERVICE - May 5, 2019 - 11:00 AM



Coming of Age Service

Come and hear from our 8th graders on their journey towards faith.

Worship Associate: David Smith

Pastoral Care Chaplain:
11:00 Marie-Claire Bue

Music: Teen Choir

Sunday, April 21, 2019

Member Meeting -
Sanctuary - 12:30

Mon May 6

Buddhist Practice
Group - MH - 6:30

Bell Choir - 6:45

Grief Support Group -
rev. John's office - 7:00

O&A - 7:45

Tues May 7

Women's Spirituality &
Imagination - MH - 7:00

Wed May 8

Domestic Violence
Task Force - EW -
12:30

Spiritual Autobiography
Workshop - EW - 7:30

Eliminating Racism -
Library - 7:30

COM - Rev. John's
office - 7:30

Thurs May 9

Children's Choir - 5:00

Teen Choir - 6:00

Finance Committee -
FR - 6:30

Better Angels - EW -
6:30

Membership Team -
EW - 7:30

Men's/Women's Choirs
- 7:45

Sat May 11

Resiliency Workshops -
MH - 9:30

Pastoral Care
Chaplains - MH - 1:00



"PROVERBS OF ASHES"
REV. DR. JOHN MOREHOUSE
SUNDAY, APRIL 21, 2019

"Proverbs of Ashes" - Rev. Dr. John Morehouse



PLAN AHEAD

Our annual Flower Communion Service will be on Sunday, May 12.
PLEASE bring a flower(s) with you to the service that day, May 12th.

On Sunday, May 19th, the Children's Choir will present "Peddler" - the musical. Based on an old Irish folktale, this musical explores a number of themes: compassion, self-worth, the power of conversation, generosity and intuition. This will be a all-family service (multigenerational). The children will be invited to sit in the front of the sanctuary to be close to the action. The Children's Choir has been working on this for the whole semester and is very excited to share this work with you because there is drama, mystery, surprise, trouble and happiness. Come and see for yourself!!



Capital Campaign Planning Team News

Voices Cafe -
 Sanctuary - 8:00

Sun May 12
 Meditation - Willow
 Room - 10:00

Climate Change
 Conversation -
 Sanctuary - 12:30

Mon May 13
 NVC Practice Group-
 FR - 6:30

Buddhist Practice
 Group - MH - 6:30

Bell Choir - 6:45

Grief Support Group -
 rev. John's office - 7:00

Tues May 14
 Courageous Faith
 Revolution - Library -
 6:30

Women's Spirituality &
 Imagination - MH - 7:00

Wed May 15
 Chamber Choir - 7:45

Thurs May 16
 Rev. Shelly's Transition
 Team - Library - 5:00

Children's Choir - 5:00

Finance Committee -
 FR - 6:00

Teen Choir - 6:00

Intern Minister's
 Committee - Library -
 7:00

Men's/Women's Choirs
 - 7:45

Fri May 17
 SGM Steering
 Committee - FR - 11:30

Shawl Ministry - MH -

VOTE!



This Sunday, May 5, our congregation will vote on whether to hold a Capital Campaign for building improvements. The congregational meeting will begin after the 11:00 service, and only TUCW members who are present at the meeting may vote. According to our constitution, no proxy or absentee votes are permitted.

It has been 20 years since our last Capital Campaign, and our beautiful building needs significant attention. Please review the informational documents and videos linked below if you have any

more questions. The Board of Trustees, the Finance Committee, and the Endowment Committee are all in support of the proposed campaign.

We hope you will attend the congregational meeting this Sunday and vote "YES" to move forward with caring for our spiritual home.

You may also contact us at cc@uwestport.org and concerns

DOCUMENTS

- [1. High Priority Projects for 2019 Capital Campaign](#)
- [2. The Capital Campaign Update](#)
- [3. 2019 Capital Campaign Timeline](#)
- [4. Facts and Figures](#)
- [5. Options](#)
- [6. Reflections from the Congregation](#)
- [7. Financial Feasibility Study Summary](#)
- [8. The Architect's Explanation of the Building](#)
- [9. Town Hall Meeting--Comments from congregants](#)

VIDEOS

Part 1/Video 1

Historical Background- Rev. Morehouse
Capital Campaign Team - Kristen Leddy
Statement: Board of Trustees- Carrie McEvoy

Part 2

TUCW The State of Our Beloved Building ~ John Turmelle

- [1. Roof & Skylight](#)
- [2. Exterior Walls, Balcony & Walkways](#)
- [3. Building Systems, Landscape & Interior](#)

Part 3

[Goody Clancy Presentation](#)



12:30

Sat May 18

A Better Man - MH - 8:00

Resiliency Workshops - EW - 9:30

Small Group Facilitators - MH - 10:00

Sun May 19

Meditation, Willow Room - 10:00

6th-7th Grade "Learn" - MH - 11:00

Youth Group (9th-12th) - YR - 11:00

TUCWomen Brown Bag Lunch - MH - 12:30

[SEE TUCW'S CALENDAR FOR MORE INFORMATION](#)



UUA Mosaic Makers Anti-Racist Training

Sat, May 18, 2019 from 10:00 AM - 4:00 PM
Northboro, MA 01532 (carpool)

Registration- \$15-\$25

Contact David Vita before May 6 (registration deadline) if interested-david@uwestport.org or 203.227.7205 x14



This first New England Regional Mosaic Makers gathering will include dynamic worship, the co-creation of brave space, brief presentations, and lots of opportunity for rich conversation as we explore and experience together how to do anti-racist, multicultural ministry in and with our congregations. The event is designed to bring a racial equity and inclusion lens to congregational leaders as they work to transform their culture and embody Beloved Community.

The Small Group Ministry has 108 members in 12 groups that meet once a month. Through discussions of personal experiences members feel more connected.

The topic for May is **"Curiosity;"** "Everyone and everything around you is your teacher."

For information, talk to a representative in the foyer after the service or contact Steven Rosenberg - Rosen323@aol.com.



Emma's Revolution at Voices Café on Saturday, May 11 at 8:00 pm



Songs by the dynamic, award-winning activist duo of Pat Humphries and Sandy O have been sung for the Dalai Lama, praised by Pete Seeger, and covered by Holly Near. With beautiful harmonies and genre-defying eclecticism, Emma's Revolution delivers the energy and strength of their convictions, in an uprising of truth and hope for these tumultuous times.

Pete Seeger said, "The powers that be can control the media but it's hard to stop a good song... Pat's (Humphries) songs will be sung well into the 22nd century."

Their first song collaboration, "If I Give Your Name," about undocumented workers killed in the World Trade Center on 9/11 won the Grand Prize in the John Lennon Songwriting competition.



Purchase tickets at: <https://voicescafe.org/show/emmas-revolution-2018/>

They tour 200 days a year and, in the spirit of Emma Goldman's famous attribution, "If I can't dance, I don't want to be part of your revolution," Emma's Revolution has brought their uprising of truth, hope, and a dash of irreverence to thousands of concerts and activist events across the US and abroad. They've even sung "We Are One" in the De-Militarized Zone, singing with family members separated by the division between North and South Korea.

Change by Emma's Revolution

Seating is cabaret style (at tables) and table reservations (minimum 4 people) are accepted by contacting David Vita, david@uwestport.org or calling 203.227.7205 x14. Doors open at 7:30.

Grief Support Group:

Begins Monday, May 6th and runs every Monday through June 17th

(except for Memorial Day). The group is held in Rev. John's office from 7:00-8:30 PM and is open to all who've experienced the loss of a loved one.



To register or to seek more information, please contact either Pat Francek, MSW, at 203-893-1781 or at patfrancek@gmail.com, or Charles Harrington, PhD, at 203-664-1653 or at ccharrington20@gmail.com.



TUCWOMEN

A place for sisterhood, intimacy and deeper connections

Celebrate May at a TUCWomen Potluck

**It's Spring and the perfect time to celebrate
Earth's Bounty at a Plant Based Potluck**
Friday, May 10th, at 6:30.
At the home of Jenna Jacobs McPartland in Westport

Let's enjoy great food and conversation at an entirely Plant Based Potluck. Bring anything you'd like to share -- appetizer, salad, side, main dish, dessert - but leave out the things from our creature friends. If you don't have time to cook or shop, come anyway; there is always plenty.

RSVP to Sharon - sharon@slpoole.com

Quotable Women Series continues:

Quotable Women Brown Bag Lunch - Sunday May 19th

in the Meeting House, after the 11:00 AM service. Cathy Paine will be our Guide. Cathy will lead us in experiences that will help each of us become Quotable Women through our connections with each other.

Are you receiving TUCWomen email notices?
If not or if you are not sure
sign up here --> [Add me to the list!](#)

Questions about TUCWomen?
Send them to tucwomen@uuwestport.org





Dear friends of Randy Brody

A special tribute drum circle will be held in Randy's honor on Friday, May 3 from 7 to 9PM in our Sanctuary. Please bring a drum and/or percussion instruments. If you do not own a drum, some drums will be provided.

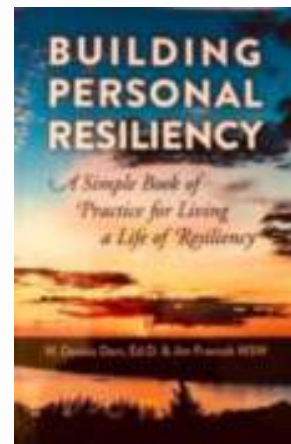
Please contribute a healthy snack or beverage for a potluck meet and mingle after the drumming.

And let's raise the roof to Randy!

For more information contact David Vita at 203.227.7205 x14 or david@uuwestport.org

Building Personal Resiliency

We are living at a time in human history when the pace of change, the complexity of communication and the breakdown of social institutions of stability create a deep level of uncertainty, fear and anxiety. And then life happens... we lose a dear relative or friend, a relationship ends, a major health challenge comes into our life or we are pressed with increasing financial insecurity. Lots of things outside ourselves can throw us into a dither. If we stay focused on the negative fearful side of life... we flood our physical and emotional life with body chemistry that can take us further down. However, there are real tools to apply to these situations that can moderate the negative impacts and enhance the positive health producing actions.



I have recently co-authored a book entitled Building Personal Resiliency that will be released within the next few weeks. I am co-facilitating a retreat for our Emergency Room staff at Bridgeport Hospital this spring. I would like to offer this same workshop to our congregants in two (2.5hour) sessions on May 11th and 18th from 9:30 am to noon. I think participants of this workshop will take away a number of outcomes.:

- An increased number of practical tools for living resiliently
- Meaningful conversations that support positive outcomes
- An identification of one's personal strengths of resiliency
- A personal vision & action plan for maintaining resiliency.

In order to plan for this event, you are asked to register so that we have enough materials presented. There will be a minimal cost \$12 for the book and other materials. If the cost is an issue please talk to Jim. No one will be refused participation based on cost. However, the size of the group will be limited to fifty persons. To register please email jimfrancek25@gmail.com

UUA General Assembly



You can be part of an inspirational gathering of Unitarian Universalists at the UUA General Assembly. This year's GA will be from June 19th to 23rd in Spokane, Washington. Rev. John will be there with others from our congregation. Why don't you join them?

We have openings for delegates to GA who represent our congregation at this annual event. There are workshops, fabulous speakers, music, and lots of opportunities to meet UU's from all over the country.

If you are interested in serving as a delegate from The Unitarian Church in Westport, or have questions, send an email to our secretary, Mary-Jane Cross, secretary@uuwestport.org, or speak to any trustee.

You can read more about the General Assembly at <https://www.uua.org/ga>.



YES! There will be another Tag Sale on August 18. So start saving your functional, clean, working household items. If you have a dry garage or other accessible space in which we can store donations, let us know. And if you have expertise in selling on-line, please get in touch!

Stay tuned for more information. Linda at Lhudson30@hotmail.com

UPCOMING SERVICES

***The next 3 Sundays are All-Congregation worship services.
Parents, please bring your children with you and enjoy family worship!
May 5th, May 12th, and May 19th!***

***May 12, 2019 - 9:00 AM & 11:00 AM
"Curiosity and the Mother of Invention" - Rev. John Morehouse***

***May 19, 2019 - 9:00 AM
"The Shape of Things to Come" - Rev. Shelly Thompson***

***May 19, 2019 - 11:00 AM
Children's Choir performs "Peddler"***





May 26, 2019 - 10:00 AM
"Living Into the Future"
- Rev. John Morehouse

June 2, 2019 - 10:00 AM
"For the Beauty of Us All" - Rev. John Morehouse

June 9 2019 - 10:00 AM
"Beauty and the Beast" - Rev. John Morehouse

June 16 2019 - 10:00 AM
Summer Solstice Concert

Buddhist Practice Group

Each Monday in the Meeting House from 6:30 to 8:00 PM

Please let Nina know you are attending by emailing her at ninazcara@gmail.com.

Teachings offered on a donation basis.



Meditation is led by Janet Luongo and others from 10:00 to 10:45 AM every Sunday in the Willow Room downstairs.

We center on our inner light and sense our inter-connectedness with all, using a variety of traditions from mindfulness and music to yoga and Zen.

For more information, contact Janet Luongo - jluongo3@optonline.net

Pastoral Care - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - (203-227-7205 ext. 19) or email - pca@uuwestport.org.

[CLICK HERE](#) to learn more about our Pastoral Care Chaplains



you are not alone!

For individuals or families of our congregation seeking confidential support or information about addiction issues... please contact our Addiction Recovery Ministry by calling 203-227-7205 ext. 19 or emailing pca@uuwestport.org.



Spring 2019 Adult Faith Formation
Six Part Series

Women, Spirit and Imagination

**Continues This Coming Tuesday,
May 7th, 7:00 in the Meeting House**

Offering women a safe, welcoming place to explore their spirituality and imaginations. Experience inspiration, creativity and connection. Absorb the healing power of beauty and a supportive community. Develop a calm and peace within, an inner haven to return to at any time.

Six Experiences, Six Women Leaders



Session 5: "Woman as Spiritual Warrior"

Tuesday, May 7th with leader, Rev Marti Bishop

Through reflection on women's spirituality of ancient times and far away sacred places, from symbols and objects to the poem, "Calling Down the Goddess, we will be guided to experience within ourselves what it means to be a spiritual warrior in this time. Participants can explore poetry, journaling, art, and even silence as a means of fostering deeply spiritual connection and what it means to be a spiritual warrior.

Marti is an ordained interfaith minister. She spent seven years as a Hospice Minister and Reiki Master providing spiritual support to dying patients and their families. Her interest in women's spirituality inspired her to travel the world visiting 23 countries in four and a half continents. She has studied ancient goddess religions and neo-paganism for over 30 years.

7:00 PM-9:00 PM - Meeting House

5 Tuesday, May 7 "Woman as Spiritual Warrior" -- Marti Bishop

6 Tuesday, May 14 "The Gift of Co-Imagining" -- Pat Francek

[CLICK HERE](#) for more information about the entire series.
We encourage women, if possible, to commit to the whole series.

All Women are Invited

For more information contact Janet Loungo (jloungo3@optonline.net)
or Rev. Shelly (revshelly@uuwestport.org)
Register by email tucwomen@uuwestport.org



TUCW Spring 2019
Adult Faith Formation

The program guide is [HERE](#) for the Spring 2019 Adult Faith Formation Program! Hard copies of the program guide are available in our lobby.

There is still time to join some of our workshops! We are hearing great things from people who are attending. Stay tuned to hear about a NEW workshop being added to the TUCW lineup.

Please feel free to contact me, Rev. Shelly Thompson, at revshelly@uwestport.org with any questions, or contact the presenters directly.



In Faith, Rev Shelly

[CLICK HERE](#) for more information.

LIFESPAN FAITH DEVELOPMENT - May 5, 2019



Thank you to our advisors, parents and volunteers, Jerusha Vogel, Maria Mendoza-Smith, Nate Pawelek, Kevin Brennan, Miki Lasher, and to Rev. John for making our Coming of Age Boston Heritage Trip a great success!!!! We had a wonderful time and were inspired by the historical figures we encountered who helped to shape Unitarianism.

With Love, Rev Shelly

**We have 3 Sundays in a row of
All-Congregation Multi-generational worship! Yippie! Bring the kids and worship as a family!***

May 5th: Coming of Age Sunday

Come support our 8th Grade class for this important rite of passage. The youth will be sharing their credo statements with the congregation as well as some of their musical talents. It is a great opportunity to bring younger children to watch the "big kids" and learn about this special UU faith tradition.

May 12th: Flower Communion/Mother's Day

BRING YOUR FLOWERS and participate in this beautiful ceremony that celebrates beloved community.

May 19th: Children's Choir Musical! (no sermon)

This is a fan favorite every year. Children who attend will be invited to sit in front.



© Can Stock Photo - csp15644767

*****May 26th we begin our summer schedule of ONE service at 10:00 AM*****



*Here ye'
Here ye'
Come one, come all!*

Member meeting Sunday, May 5, 2019 after 11:00 AM service.

For parents of children who will be attending the meeting, childcare will be provided until 2:30 PM downstairs in the Pine room.

*** For those children with non-life threatening food allergies that will be staying late, parents must bring their lunch from home and alert teachers to their child's food allergy.**

*** Please keep in mind before you drop off your child: The Sunday teachers/volunteers are not trained in epi-pen or any medical procedure to respond properly to any allergic reaction, seizure, rash, etc.**

THIS WEEK INFORMATION FOR Pre-K TO 5th

Theme: Curiosity

Topic: Understanding

UU Source #4: Each person must be free to search for what is true and right in life.



PreK-1st

9:00 AM and 11:00 AM service
LOWER LEVEL - Pine Room

2nd-5th

Enjoy the service in the Sanctuary with your family.

Childcare provided until 2:30 PM (Pine room) for parents

**attending the Member meeting.
Lunch will also be provided**

Parents: Please pick up children promptly after service ends or after the meeting ends.

[CLICK HERE](#) for PreK-5 FAMILY "take-home" for SUNDAY, May 5, 2019

THIS WEEK INFORMATION FOR 6th TO 12th GRADE



6th-7th graders:

* Come worship with the congregation on May 5th, May 12th and and 19th!

* Don't Miss this Great Day!

Sunday, May 19th is the Children's Musical and then we are going to the Bridgeport Islamic Center for a 1:00 PM visit for their daily prayer, a tour and then a Q&A session. We will leave UU Westport by 12:30 so if anyone needs a ride-please let Rev. Shelly - revshelly@uuwestport.org - know and she will be happy to bring your youth for this important visit.

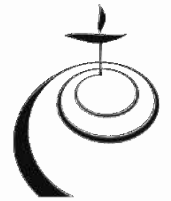
8th Grade

* **May 4th** - Potluck, rehearsal and family candle lighting celebration Musicians/singers: arrive at 4:00 pm
Everyone else: plan to arrive between 4:30 and 5:00 PM

May 5th - Coming of Age Worship at 11:00 AM

May 12th - Flower Communion at 11:00

May 19th - Children's Musical at 11:00



YOUTH GROUP [9th-12th]

May 5th - Plan to attend the Coming of Age worship at 11:00 AM and be there to welcome the 8th graders to the Youth Group.

Looking Ahead....June 2nd: Be at worship to support our Bridging seniors!

The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

WE INSPIRE and support individual spiritual growth.

WE CONNECT through worship, music, learning, and caring ministries.

WE ACT in the service of peace and justice.