



**PARENT TAKE HOME - for JULY 7-2019**

**TOPIC: Our Joy in TREES**

**Video** of book Trees by Harry Behn – **The poem in the book was made into a SONG:**

<https://www.youtube.com/watch?v=AUUB6zJ98iQ>

*(I think this is good for bedtime listening and calming in general)!*

**DISCUSSION QUESTIONS:**

- **Do you agree that “Trees are the kindest things you know?” Who or what else would you also be “kindest things you know?”**
- **What are you most grateful for about trees and what comes to us by their presence? How many can name?** *(i.e. oxygen, beauty, shade, fruit, leaves to jump in in fall, a wooden climber? Useful as a fence, a canoe or boat, a chair or table? Wooden trains or other toys...)*
- **Which UU Principles do you think of after hearing this story?** *(Principle #2 Be Kind? #7 Care for planet earth?)*



**FOLLOW UP ACTIVITY:**

- **Tree Meditation** - Find a tree. Touch the bark, then lie down and look up, listen, smell. Be still together mindful of the tree.  
Or Eat something you like that grows from a tree - with mindfulness.
- **Song about trees** *(Pre-K and young children would like this)*  
“Mr R’s Tree Song” tells of the parts of a tree , Reinforces our need for trees!

<https://www.youtube.com/watch?v=D7dKRBZVLvi&list=PLPLMluya7VvoYPfmVz60WLFROhAAqEhm>

Link here good for older children <https://www.thoughtco.com/these-tree-parts-identify-1343508#step7>