



# The Unitarian Church in Westport Soundings

10 Lyons Plains Road Westport, CT 06880  
Phone: 203-227-7205

website:  
[uuwestport.org](http://uuwestport.org)

## SUNDAY SERVICE - JUNE 30, 2019 - 10:00 AM

### *Wandering - Cheryl Dixon Paul and Judy Eckert*

Join us in paying attention to the art of Wandering through story, meditation and singing. Whether your journey is intentional exploration or you prefer to perambulate we will discover how wandering can bring us joy and insight. Take away a fresh perspective for the summer season.



Cheryl & Judy are both Worship Associates and Cheryl will be the new WA Chair. This multi-generational service sprang out of a UUA workshop they both attended in Nashua,

NH where an inclusive, interactive approach to worship was the theme. Both have previously led worship services: Cheryl on Aging to Saging, on mentorship; and Judy on discovering our own Superpower - her's is making people laugh!

**Pastoral Care Chaplain:** Kate Croarkin

**Music:** Florence Keiser Romanov, piano

## SUNDAY SERVICE - JULY 7, 2019 - 10:00 AM

### *Freedom is Not Free:*

#### *A UU perspective on good citizenship - Carrie McEvoy*

Freedom of Speech, Freedom of Religion, Freedom of the Press... Just because we live in a free society doesn't mean we can do anything we want. This sermon will explore the boundaries between freedom, civic responsibility and morality.

Carrie McEvoy has been a member of The Unitarian Church in Westport since 2011. She has sung in the choir, has been a Worship Associate, and has served on various committees including search committees for the Senior Minister and the Assistant Minister for Faith Formation. Carrie is



## UPCOMING EVENTS

Child care is provided for Sunday Services & on an as needed basis for other events. Organizers of events should contact [Nate Pawelek](mailto:Nate.Pawelek@uuwestport.org) to arrange child care.



### Sunday, June 30

Meditation - Willow Room - 9:00

### Mon July 1

Buddhist Practice Group - MH - 6:30

### Tues July 2

Facilities Advisory Team - Rev. John's office - 6:30

### Sun July 7

Meditation - Willow Room - 9:00

### Mon July 8

Buddhist Practice Group - MH - 6:30

a member of the Board of Trustees. She is also currently pursuing a Master of Divinity degree at Meadville Lombard Theological School with hopes to eventually become a minister.

**Worship Associate:** Linda Lubin

**Pastoral Care Chaplain:** Ann Sikes Taylor

**Music:** choir and pianist, Florence Romanov

NVC Practice Group - WW - 7:00

**Sun July 14**

Meditation, Willow Room at 9:00 am

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**[SEE TUCW'S CALENDAR FOR MORE INFORMATION](#)**

## Pastoral Care and Ministerial Coverage



While we have a more relaxed schedule in the summer, we are always available should you have a pastoral emergency (a crisis, death, illness, or other life changing event) there are pastoral care chaplains and a minister available. Should you need care please call the church 203-227-7205 ext. 19 and leave a confidential message. Someone will get right back to you. Our ministerial coverage this summer is as follows:

June 17-June 24 -- [Rev. Ed Thompson](#)  
June 25 - July 9 -- [Rev. Shelly Thompson](#)  
July 10 - July 14 -- [Rev. Ed Thompson](#)  
July 15 - July 18 -- [Rev. Jim Francek](#)  
July 19 - Aug 6 -- [Rev. Shelly Thompson](#)  
Aug 7 - Aug 10 -- [Rev. Ed Thompson](#)  
Aug 11 - Sept 2 -- [Rev. John Morehouse](#)



In addition, Rev. John is generally available by phone, text or email throughout the summer.

You may reach him on his mobile 310-710-6846. His email address is [revjohn@uwestport.org](mailto:revjohn@uwestport.org)

# SOUNDINGS

The next issue of **SOUNDINGS** goes out Thursday, July 11 at midnight.  
It will cover Sunday, July 14-21, 2019

**Beth Cliff appointed Communication Coordinator**





**Yup, it's definitely time to clean those closets! Good thing there's a place to donate those excess treasures - the Tag Sale!**

Box it all up and save it until August 11 when you can bring it to the church. Can't wait? Call the office 227-7205 to arrange a time to take to the Meeting House.

Looking for folks with strong backs and a truck or van to occasionally move something.

Still looking for an E-Bay savvy person to sell some higher end items.

Let Linda Hudson know - [ludson30@hotmail.com](mailto:ludson30@hotmail.com), 203-226-5335.

# EXPO



*The Unitarian Church in Westport  
Showcasing opportunities to  
Inspire, Connect, Act!*

The 2019 Expo is coming! Directly after the Homecoming Service on September 8, the Expo will showcase the amazing work done by TUCW's many committees and groups. Come learn about their accomplishments, future plans and how you can get involved. The event will also feature a barbeque and potluck lunch. Please join us! [CLICK HERE](#) for flyer.

## **SUMMER SERVICES**

**July 14, 2019 - 10:00 AM**

***Losing Patience, Finding Grace on the MTA  
- Mary-Megan Marshall***

**July 21, 2019 - 10:00 AM**

***Working the Muscle of Resilience - Marjolijn de Jager***

**July 28, 2019 - 10:00 AM**

***Love in an Angry World. Meditation on Peace and Happiness - Manjushri***





**August 4, 2019 - 10:00 AM**  
***Riding a Light Beam: Dare to Imagine - Janet Luongo***

**August 11, 2019 - 10:00 AM**  
***Migration, Our Human Story - Claudia Connor***

**August 18, 2019 - 10:00 AM**  
***A Better Man - Jim Cooper, Luke Garvey and Rob Laug***

**August 25, 2019 - 10:00 AM**  
***Liberate Yourself from Addiction & Trauma - Denise Lamoureux***

## **Buddhist Practice Group**

Each Monday in the Meeting House from 6:30 to 8:00 PM

Please let Nina know you are attending by emailing her at [ninazcara@gmail.com](mailto:ninazcara@gmail.com).

Teachings offered on a donation basis.



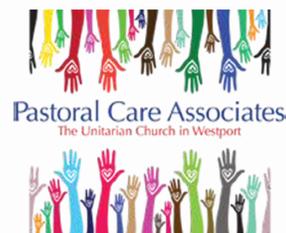
**Meditation** is led by Janet Luongo and others from 9:00 to 9:45 AM every Sunday in the Willow Room downstairs.

We center on our inner light and sense our inter-connectedness with all, using a variety of traditions from mindfulness and music to yoga and Zen.

For more information, contact Janet Luongo - [jlungo3@optonline.net](mailto:jlungo3@optonline.net)

**Pastoral Care** - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - (203-227-7205 ext. 19) or email - [pca@uuwestport.org](mailto:pca@uuwestport.org).

[CLICK HERE](#) to learn more about our Pastoral Care Chaplains



*you are not alone!*

**For individuals or families of our congregation seeking confidential support or information about addiction issues...** please contact our Addiction Recovery Ministry by calling 203-227-7205 ext. 19 or emailing [pca@uuwestport.org](mailto:pca@uuwestport.org).



**Hello Dear Ones, and an early HAPPY 4th of July!**

General Assembly was a wonderful experience this year! Our theme was **THE POWER OF WE**, and so much was shared that affirms our commitment to *Inspire, Connect, and Act Within, Among, and Beyond!* Much of General Assembly was recorded and available to watch on-demand. Please take some time to watch the moving and exciting programming we enjoyed. [CLICK HERE](#) for General Assembly 2019 Online.

There is still a little time left to register for camp before next week! I'm hoping for some more company at Sophia Fahs Camp! Check out the latest news [HERE](#) to learn all about the **BIG** discount to attend Sophia Fahs RE Camp August 18th-24th and the UU Jr. Youth Con happening

September 28th-29th. Please email [me](#) to subscribe for future updates if you are not receiving the Family Faith Formation e-newsletter.

Sherwood Sundays start this weekend! I hope you will join me at the beach!  
Read more below

In Faith,  
Rev. Shelly - [revshelly@uuwestport.org](mailto:revshelly@uuwestport.org)

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[CLICK HERE for the Summer 2019 Children's Program Schedule](#)

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**Sherwood Sundays - June 30th-August 18th**  
**11:30ish [after the 10:00 am service]**

After service, come join Rev. Shelly at Sherwood Island State Park! Relax, swim, play, and have a great time with other TUCW families and friends. We look forward to spending time with you!

Meet near the Main Pavilion [CLICK HERE](#) for map.



It is strongly recommended that swimmers wear water shoes to protect their feet from sharp shells and rocks that are found on the beach.

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**Theme:** Joy

**Topic:** The Joy of Summer

**UU Source #6:** The harmony nature and the sacred circle of life.

\* 10:00 AM: Pre K-3rd grade - OAK ROOM

\* Older Children are welcome in the Oak Room  
or to enjoy the service in the sanctuary



[CLICK HERE](#) for PARENT'S "take home" for SUNDAY, JUNE 30, 2019

THIS WEEK'S INFORMATION FOR Pre-K TO 5th - JULY 7, 2019

**Topic:** Trees and Leaves Everywhere

**UU Source 7:** We care for our planet Earth

**UU Source 2:** Be kind in all you do

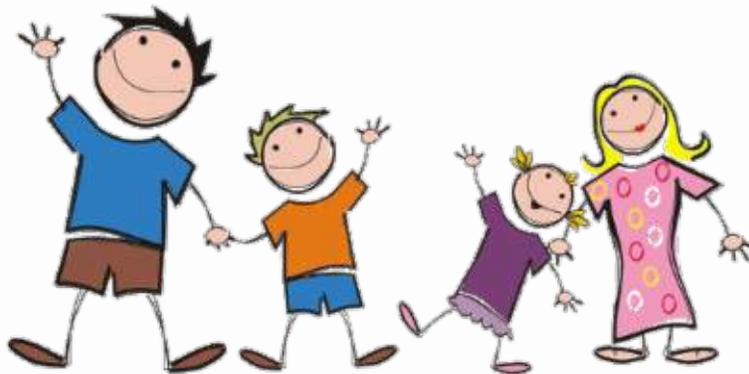
\* 10:00 AM: Pre K-3rd grade - OAK ROOM

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[CLICK HERE](#) for PARENT'S "take home" for SUNDAY, JULY 7, 2019



Parents, please pick up children  
after service ends and together  
enjoy refreshments and friends



## SUMMER INFORMATION FOR 6th TO 12th GRADE



**There are no classes over the summer.**

Plan to bring your whole family to the 10:00 AM worship.

**\*\*HOMECOMING is September 8th at 10:00 AM\*\***

A not-to-be-missed service for the whole congregation!

**We resume our two services schedule on  
September 15th at 9:00 AM and 11:00 AM.**

The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

**WE INSPIRE** and support individual spiritual growth.

**WE CONNECT** through worship, music, learning, and caring ministries.

**WE ACT** in the service of peace and justice.