



# The Unitarian Church in Westport Soundings

10 Lyons Plains Road Westport, CT 06880  
Phone: 203-227-7205

website:  
[uuwestport.org](http://uuwestport.org)

## SUNDAY SERVICE - AUGUST 11, 2019 - 10:00 AM

### *Migration, Our Human Story - Immigration & Refugee Outreach*



Join us for this moving and inspiring service as Make the Road and the Connecticut Institute for Refugees and Immigrants (CIRI) collaborate with TUCW Immigration and Refugee Outreach Committee. Many members of TUCW dedicate their time to supporting the efforts of these two organizations, including the preparation of apartments for newly arriving refugees. Join us for this service during which refugees and immigrants will share their personal stories of courage and hope. Claudia Connor, President and CEO of CIRI, will provide a contextual framework. Congregational and contemporary music will lift your spirits. A discussion will follow the

service for all who wish to participate. Please visit [www.cirict.org](http://www.cirict.org) and [www.maketheroadct.org](http://www.maketheroadct.org) for information about these organizations.

**Music:** Once and Again Singers

**Worship Associate:** Doug Flam

**Pastoral Care Chaplain:** Kathy Roberts

## SUNDAY SERVICE - AUGUST 18, 2019 - 10:00 AM

***A Better Man: Past Present and TBD - Rob Laug, Luke Garvey and Jim Cooper***

## UPCOMING EVENTS

*Child care is provided for Sunday Services & on an as needed basis for other events. Organizers of events should contact [Nate Pawelek](mailto:Nate.Pawelek@uuwestport.org) to arrange child care.*



### **Sat Aug 10**

Pastoral Care Chaplains -  
MH - 1:00

### **Sun Aug 11**

Meditation - Willow Room -  
9:00

### **Mon Aug 12**

Buddhist Practice Group -  
MH - 6:30

### **Wed Aug 14**

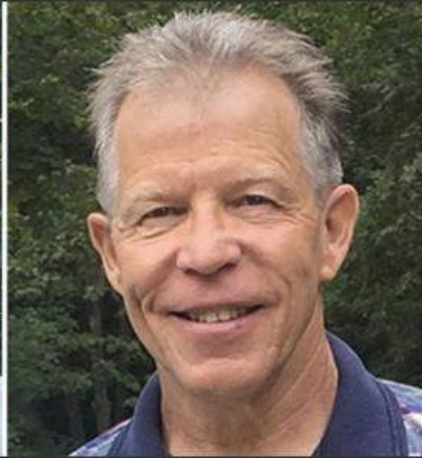
COM - Rev. John's office -  
7:30

### **Sat Aug 17**

Tag Sale - Sanctuary - 8:00

### **Sun Aug 18**

Meditation - Willow Room -  
9:00



- Mon Aug 19**  
Buddhist Practice Group - MH - 6:30
- Fri Aug 23**  
SGM Steering Com - WW - 11:30
- Sat Aug 24**  
Pastoral Care Chaplains - Chapel - 9:00
- Small Group facilitators - EW - 10:00
- Capital Campaign Visioning Sessions - Sanctuary - 2:30
- Sun Aug 25**  
Meditation - Willow Room - 9:00t

What does it mean to be a good man in 2019? A better man? We will explore what manhood meant in the past, navigating changing waters in the present, and the implications for the future.

**Music:** Chris Seiple

**Worship Associate:** Jamie Forbes

**Pastoral Care Chaplain:** Beverly Bailey

[SEE TUCW'S CALENDAR FOR MORE INFORMATION](#)

**Dear Ones,**

In the aftermath of the recent gun violence, there are local events sponsored by Moms Demand Action CT if you are feeling the need to respond along with others.



<https://www.facebook.com/pg/MomsDemandActionCTCentral/events/>

Our chaplain team and ministers are here to listen if you want to reach out for support. You can call to leave a confidential message in the Pastoral Care voice mailbox (203-227-7205 ext. 19) or send us an email at [pca@uuwestport.org](mailto:pca@uuwestport.org). and receive a prompt reply. ~ Rev. Shelly

## 2019 Summer Services

**Sunday, June 23, 2019**

"JUNETEENTH: FREEDOM DAY"  
SHANONDA NELSON  
SUNDAY, JUNE 23, 2019

**Sunday, August 4, 2019**

**Riding On A Light Beam: Dare To Imagine**  
by Janet Luongo online [HERE](#).



**Pastoral Care and Ministerial Coverage**



While we have a more relaxed schedule in the summer, we are always available should you have a pastoral emergency (a crisis, death, illness, or other life changing event) there are pastoral care chaplains and a minister available. Should you need care please call the church 203-227-7205 ext. 19 and leave a confidential message. Someone will get right back to you. Our ministerial coverage this summer is as follows:

Aug 7 - Aug 10 -- [Rev. Ed Thompson](#)  
 Aug 11 - Sept 2 -- [Rev. John Morehouse](#)

In addition, Rev. John is generally available by phone, text or email throughout the summer. You may reach him on his mobile 310-710-6846. His email address is [revjohn@uwestport.org](mailto:revjohn@uwestport.org)

**Westport Domestic Violence Task Force**

**Safe House Supply Drive July 15th-August 15th**

New Items Only ~ Thank you!

Please drop off at the Social Justice table in the church foyer



Feminine care products	Bath towels
Pillows	Protective pillow covers
Twin size protective mattress covers	Shower curtains and liners
Bath rugs (darker colors)	Blankets
Wash cloths	Diapers
Children's underwear	Adult Leggings (M & L)
School binders	Graphing calculators



**YOUR CAPITAL CAMPAIGN TEAM** has been busy this summer. We have planned a series of events for August through November to support this exciting time in our church's history. It will be a time of honest and open discussions, lively community celebration and fun, and, for sure, generous and appreciated financial giving and commitment.

A first step in our process is a survey which we emailed to everyone earlier this week. Please take the 10 minutes required to fill it out. Hard copies of the

survey will be available in the church foyer for those who don't have online access. [CLICK HERE](#) for survey.  
**Please return surveys by August 20th!**

And then, **get ready for a jam-packed fall!** Stay tuned for announcements and further updates in the mail, in Soundings, on social media, and elsewhere. Questions? Contact [cc@uwestport.org](mailto:cc@uwestport.org).

### Announcing THE STEWARDSHIP ADVANCE (please don't call it a retreat)

Our year-round Stewardship Committee is already starting to outline its work for this church year. To that end, the committee is hosting a fun and interactive brainstorming and planning session immediately after church on **August 25th**. We welcome all members of TUCW to join us, to share their ideas and inputs.

#### The Stewardship Advance

**Sunday, August 25th, 11:30 am - 3:30 pm**

A potluck lunch at the home of Matt Leonard and Mary Money

907 Fairfield Woods Road, Fairfield

Please RSVP to [erockman2006@aol.com](mailto:erockman2006@aol.com)



*Note: No future commitment is required, but of course we always welcome folks to join our committee or help with a future Stewardship task or event. The more the merrier!*

# EXPO

*The Unitarian Church in Westport  
Showcasing opportunities to  
Inspire, Connect, Act!*

The 2019 Expo is coming! Directly after the Homecoming Service on September 8, the Expo will showcase the amazing work done by TUCW's many committees and groups. Come learn about their accomplishments, future plans and how you can get involved. The event will also feature a barbeque and potluck lunch. Please join us! [CLICK HERE](#) for flyer.

**The new church year is about to begin, and it'd be great to make sure all our records are up-to-date! Two things you can do so we can reach each other easily:**

1. Check your copy of the 2018 membership directory and make sure all your info is correct, especially phone numbers (is your cell included?) and preferred email address. Email Beth with any updates at [bethcliffucw@gmail.com](mailto:bethcliffucw@gmail.com) by August 31. We will distribute a 2019 addendum at the Expo.

2. Go into [REALM](#) and confirm your personal profile is accurate there, too. REALM serves many purposes, one of which is to be an online -- and portable -- directory.

(Not in REALM yet? Contact Diane at [diane@uwestport.org](mailto:diane@uwestport.org) for an invitation to join.)





Have you noticed that you can find TUCW on two Facebook sites? They serve different purposes!



1. Our [Facebook PAGE](#), *Unitarian Church in Westport*, is **open** to anyone who is on Facebook: it's a fully public site. This is our "face" to the external world. Posts here reflect the values we uphold. It's a great place to "get the word out" to the public at large about a myriad of topics important to us.

2. Our [Facebook GROUP](#), *uuwestport*, is a **closed** group accessible only to TUCW folks who have been approved to join it. It has a more relaxed and informal feel: a place for our TUCW 'family' to share info, pictures, news, announcements, articles and life stories with each other in a safe and private environment.

**#MeToo Council- Fact** - According to the National Sexual Violence Resource Center (NSVRC) "almost one in every three women have been affected by sexual violence in their lifetime. A recent poll found 3 out of 4 women have been verbally harassed, and over half have experienced unwanted sexual touching. It is well accepted that these numbers are likely seriously underreported."



Look for us at the Expo and join the conversation. We welcome your support for women who have been subject to such violence, here close to home in Fairfield county, and throughout the world.



The next issue of **SOUNDINGS** goes out Thursday, August 22 at midnight.  
It will cover Sunday, August 24 - August 31, 2019



## SUMMER SERVICES



**August 25, 2019 - 10:00 AM**

***Liberate Yourself from Addiction & Trauma - Denise Lamoureux***

## Buddhist Practice Group

Each Monday in the Meeting House from 6:30 to 8:00 PM

Please let Nina know you are attending by emailing her at [ninazcara@gmail.com](mailto:ninazcara@gmail.com).

Teachings offered on a donation basis.



**Meditation** is led by Janet Luongo and others from 9:00 to 9:45 AM every Sunday in the Willow Room downstairs.

We center on our inner light and sense our inter-connectedness with all, using a variety of traditions from mindfulness and music to yoga and Zen.

For more information, contact Janet Luongo - [jluongo3@optonline.net](mailto:jluongo3@optonline.net)



**Pastoral Care** - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - (203-227-7205 ext. 19) or email - [pca@uwestport.org](mailto:pca@uwestport.org).



[CLICK HERE](#) to learn more about our Pastoral Care Chaplains

*you are not alone!*

**For individuals or families of our congregation seeking confidential support or information about addiction issues...** please contact our Addiction Recovery Ministry by calling 203-227-7205 ext. 19 or emailing [pca@uwestport.org](mailto:pca@uwestport.org).

## **FAMILY FAITH FORMATION - AUGUST 11 & AUGUST 18, 2019**



**Hello Dear Ones,**

*Summer is flying by! I hope you are enjoying the summer pace and having some fun! I am already looking forward to Fall and getting our Family Faith Formation programs up and running. You will be hearing from Nate on the subject of schedules important dates. Hopefully you have been reading our letters!*

*I want to extend a personal invitation, too, to all of our **helpers, parents and volunteers** to attend **Fall Family Faith Formation Orientation** with 2 opportunities to participate: Friday, September 6th 7:00-9:00 pm OR Friday, October 4th 7:00-9:00 pm.*

*In addition, we have a special opportunity this year with our Faith Formation transformation underway to "experilearn" as we build a renewed co-learning community together. We really want you, the families and congregants, to participate with us in creating Sunday programs that meet your needs, support busy family schedules and fit into your lives with fun, experiential ways to connect, learn and grow as UU's.*

*To start us off, we are inviting you all to join us for **Connection Quest!** We are hosting these events 3 Sundays in September after the 11:00 services. **September 15th, September 22nd, and September 29th.** We hope you will all make it to at least one event and you are welcome at all 3. Food will be provided. We will have activities, discussions, and opportunities to share ideas about what kinds of programs and content are most important to you. I hope to see you there!*

*In Faith,*  
Rev. Shelly - [revshelly@uwestport.org](mailto:revshelly@uwestport.org)

[CLICK HERE for the Summer 2019 Children's Program Schedule](#)



The Unitarian Church in Westport will be offering a cycle of 7-8th grade **Our Whole Lives (OWL) comprehensive human sexuality program** to begin **September 1**. We are seeking a second male facilitator to join our teaching team. This is an important (arguably life-saving) program that is actually fun to teach and experience. You will become an expert on all things OWL along with the youth participants! If you are at all curious, please contact Nate Pawelek at [nate@uwestport.org](mailto:nate@uwestport.org) who will give you more details.



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### Important Faith Formation Dates (for Your Refrigerator!)

[CLICK HERE](#) for PDF for your refrigerator!



**Friday: September 6, 7:00-9:00 pm:** Orientation for all who will be working with our children and youth in some capacity during the 2019-2020 church year.

**Sunday: September 8:** "Homecoming" multi-generational worship service at 10:00 am. Children and youth most cordially invited. Following the service, join TUCW's annual [Expo fair](#). A smorgasbord of wonderful food, friendships, and information for all ages! 11:30-1:30 pm.

**Sunday: September 15, 12:30-2:00 pm:** *Connection Quest #1*. Family Meetings, including children 3rd grade and older, to brainstorm ideas, custom design, and implement our very own Faith Formation programming for our congregation. East Wing. \*\*

**Sunday: September 22, 12:30-2:00 pm:** *Connection Quest #2*. Sanctuary. \*\*

**Sunday: September 29, 12:30-2:00 pm:** *Connection Quest #3*. Sanctuary. \*\*

*\*\*Food and childcare for 2nd grade and younger will be provided.*

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### All Middle Schoolers are Invited to the Metro New York Jr. Con

**Saturday, September 28, 2019 - 9:00 AM EDT to**

**Sunday, September 29, 2019 - 8:00 AM EDT**

### "An intentional community for UU youth grades 6 - 8"

Sponsored by the UU Congregation at Shelter Rock

[about 1.5 hours from church]

48 Shelter Rock Road Manhasset, NY 11030

Space is limited so if you want to attend please register soon.

Capacity for this event is 24 youth, 5 sponsors.

If the form is closed and we are not yet at the deadline, please contact the registrar to be placed on the waiting list. The required youth to adult ratio is 5:1.



Fee: \$60 per youth, \$60 per sponsor.

[CLICK HERE](#) to register.

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**THIS WEEK'S INFORMATION FOR Pre-K TO 5th - AUGUST 11, 2019**



**Topic:** Favorite things of Summer

**UU Source 4:** Each person is free to search for what makes them happy

**\* 10:00 AM: Pre K-3rd grade - OAK ROOM**

**\* Older Children are welcome in the Oak Room or to enjoy the service in the sanctuary**

[CLICK HERE](#) for PARENT'S "take home" for SUNDAY, AUGUST 11, 2019

**THIS WEEK'S INFORMATION FOR Pre-K TO 5th - AUGUST 18, 2019**

**Topic:** Camping

**UU Source 6:** Building a fair and peaceful world

**\* 10:00 AM: Pre K-3rd grade - OAK ROOM**

**\* Older Children are welcome in the Oak Room or to enjoy the service in the sanctuary**

[CLICK HERE](#) for PARENT'S "take home" for SUNDAY, AUGUST 18, 2019



*Parents, please pick up children after the service ends and together enjoy refreshments and friends*



**SUMMER INFORMATION FOR 6th TO 12th GRADE**

**There are no classes over the summer.**

Plan to bring your whole family to the 10:00 AM worship.

**\*\*HOMECOMING is September 8th at 10:00 AM\*\***

A not-to-be-missed service for the whole congregation!

**We resume our two services schedule on September 15th at 9:00 AM and 11:00 AM.**

The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

**WE INSPIRE** and support individual spiritual growth.

**WE CONNECT** through worship, music, learning, and caring ministries.

**WE ACT** in the service of peace and justice.