



Women Spirit and Imagination

Fall Series, Session Four

Wednesday, October 16, 7-9 pm, in the East Wing

Reconnect to Purpose - led by Denise Manning Page

The Power of Story

"We are familiar with the power of story to inspire, to create meaning, to deepen identity, purpose and belonging, and to connect us to realities richer and deeper than our own.

Further, when we share our own stories, the personal narrative process creates a space of deep listening and attention; it promotes respect and reverence that recognizes the dignity of the individual." from Sacred Space

This workshop introduces storytelling and listening as pathways to reconnect to purpose; to help us begin to fill in the blank . . . *Now is my time to _____.*

Together in a community of like - minded women we will respectfully mine our stories for the buried insights which can both strengthen and enlighten us. Our process begins with prompts for reflection in solitude, followed by pair and/or small group sharing of our recalled stories. A guided discussion encourages us to recognize the gems unearthed in our remembering and their relevance to purpose. We end the evening with appreciative listening as those who choose to, tell their story to the community.

In sharing this time together my hope is that each of us begins to recall through the mindful connection to the voice of spirit, silence; our essential uniqueness, our gifts, our purpose.

Please bring with you:

- a personal journal or writing paper
- awareness of a contemplation you would like to explore

writer, storyteller, relationship development consultant, speaker, milliner

Denise Manning Page is the founder of DreamCatchers, LLC a relationship development training and consulting firm. She likes to say her "week- day work" is in Diversity, Social Justice and Cultural Competency, and her "week-end work" is facilitating retreats for women in the US and Caribbean. Denise feels extraordinarily blessed to pursue both passions.

Denise is a former ESL adult education teacher and a middle school theater teaching assistant. As a hat designer her work has been featured in Henri Bendels, of New York, Kramers Furs of New Haven other select department stores, boutiques and furriers in Connecticut, New York and Martha's Vineyard. She brings that creative spirit to her current work.

She believes in the magic of women nurturing one another as they each explore their own power and purpose. Currently she is finishing her book: "Fired UP! *Flourish with Grace*"; a seven-week journey to ReVisioning.

Here is a link to her 20 - minute story tell this past spring <https://www.youtube.com/watch?v=CV6QuSsCoGo>



A place for sisterhood, intimacy and deeper connections

Register for some or all of the series:
tucwomen@uuwestport.com