



The Unitarian Church in Westport Soundings

10 Lyons Plains Road Westport, CT 06880
Phone: 203-227-7205

website:
uuwestport.org

Sounding/'saʊndɪŋ/
noun plural noun: soundings

1. the action of measuring the depth of a body of water. [...]
 2. information or evidence ascertained as a preliminary step before taking action.
- 'She took **soundings** about the possibility of moving offices.



For us at TUCW, **SOUNDINGS** is also our weekly briefing to give us the preliminary info we need to take a stand and take action. **SOUNDINGS** allows us to be **informed, inspired** and **involved** as Unitarians within our church community, and beyond.

New things will be happening with our **SOUNDINGS** shortly, so stay tuned and get ready! Be sure to check your email next

Friday morning - we promise a little change-up to keep life interesting and moving onwards and upwards!

UPCOMING EVENTS

Child care is provided for Sunday Services & on an as needed basis for other events. Organizers of events should contact [Nate Pawelek](mailto:Nate.Pawelek@uuwestport.org) to arrange child care.



SUNDAY SERVICE - OCTOBER 6, 2019 - 9:00 AM & 11:00 AM

"Who Belongs?" - Rev. John Morehouse
Rev. John explores what it means to belong to our congregation. How might we open our doors and theologies to those who are truly different than most of us?



Music: The Choir

Worship Associate: Connie Rockman

Pastoral Care Chaplain: 9:00 Lindy Hennessy, 11:00 David Smith

Fri Oct 4
Adult Neighboring Faiths - MH - 6:00

Family Faith Volunteer Orientation - EW - 7:00

Sat Oct 5
ARM - EW - 12:00

Cap. Campaign Comedy Night - Sanctuary - 7:00

Sun Oct 6
Meditation - Willow Room - 10:00

OWL - OWL room - 10:00

OWL Parents - YR - 10:00

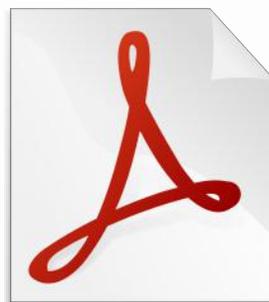
2nd-3rd Grade - Pine Room - 11:00

LAST WEEK'S SERMON

At the Intersection of Change
and Expectation - September 22, 2016



**"Uncovering the Hope"
- Margalie Belizaire**



[audio](#) and [PDF](#) available

4th-7th Grade - MH - 11:00

9th-12th Youth Group - YR - 11:00

Serving With Grace - EW - 12:30

Immigration Social Action - Sanctuary - 12:30

Mon Oct 7

Buddhist Practice Group - MH - 6:30

Bell Choir - 6:45

O&AS - 7:45

Wed Oct 9

Domestic Violence Task Force- EW - 12:30

Teen Choir - 6:00

TUCWomen's Workshops - EW - 7:00

NVC Practice Group - WW - 7:00

The Power of Now - MH - 7:00

Eliminating Racism - Lib - 7:30

COM - Rev. John's office - 7:30

Thur Oct 10

Children's Choir at 5:00 pm

Membership Team - EW - 7:30

Women's & Men's Choir - 7:45

Fri Oct 11

Shawl Ministry - MH - 12:30

Sat Oct 12

Voices Cafe - Sanctuary - 8:00

Sun Oct 13

Meditation - Willow Room - 10:00

OWL - OWL room - 10:00

OWL Parents - YR - 10:00

9th-12th Youth Group - YR - 11:00

Chapel (preK-7th) - Chapel - 11:00



The Leadership Development Team congratulates **DAVID VITA** for his receipt of the **AMERICAN DREAM AWARD** from the [Connecticut Institute for Refugees](#) and Immigrants (CIRI). CIRI's American Dream Award "recognizes individuals or groups that exemplify, embody or provide access to another person's achievement of the American Dream." Through his leadership and tireless work with the organization starting in 2014, David has mobilized TUCW and the Westport and Weston interfaith community to support and further CIRI's work with refugee

resettlement. Please join us - and CIRI - in acknowledging David's important and inspiring work.

The Leadership Development Team also congratulates **CATHY McELROY**, recipient of **October's Leading Light Award**. Cathy's contributions are too numerous to name, but among the many are her invaluable commitment to supporting our Faith Formation programs and our youth, including her tremendous efforts organizing and running Camp Jewell and the Barn Dance/cake walk events. For all of her involvement in and commitment to TUCW, Cathy is truly a Leading Light.



Capital Campaign News:



The Comedy Night is upon us this Saturday, October 5 at 7:00 PM in the sanctuary. Let's laugh with our own Judy Eckert and others while supporting this Campaign. Tickets can be purchased online [HERE](#).

Look Again! Get your cameras out and stroll our beautiful grounds. This CC

initiative engages all of us in joy and reflection about our great building, our community, and what they mean to each of us. Read about it [HERE](#), Let's spread our artistic wings and express ourselves - visually and verbally. Submit your entry now through November 1.



Pledges, please! We look forward to receiving your generous CC pledge soon; we hope for 100% participation by Halloween. Visiting



stewards are talking with members, and folks can also fill out pledge cards on Sundays at the CC's table in the foyer.

How much to give? That's up to you; a respectfully and gently offered suggestion is to take your annual pledge and triple it - remembering it will be paid over 3 years. But such decisions are private ones and yours alone to make; all we ask is that you do all you can to stretch for us and our future.

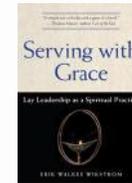
[CLICK HERE](#) for the Capital Campaign's web site.
Questions? Contact cc@uuwestport.org

UPCOMING EVENTS

| | |
|-----------------------------------------------|--------------------------------------------|
| 1. Comedy Night | Saturday - October 5, 7:00 PM |
| 2. Town Hall Meeting with Goody Clancy | Sunday, Oct. 20 - after the service |
| 3. Fall Follies: UUs Got Talent | Saturday, October 26 - 7:30 PM |

For complete list, refer to the charts posted around the Church or [CLICK HERE](#).

On October 6 and 13, from 12:30-2 PM, Rev. John will present two thoughtful sessions on Service Leadership and will reference the book **Serving with Grace: Lay Leadership as a Spiritual Practice** by Erik Walker Wikstrom. Please join us! Email the Leadership Development Team at ldt@uuwestport.org to confirm your spot.



Cultural Competency Initiative

An informational meeting about Margalie's focus initiative on cultural competency is forthcoming. This is the initiative she spoke about in her sermon this past Sunday (September, 29). If you're interested in hearing more and you haven't signed up yet, please reach to Margalie by email at margalie@uuwestport.org so that you may be contacted regarding meeting date and time.

Losing someone close to you through death is one of life's most painful experiences.

To help support you through a recent or past loss, the Pastoral Care Ministry is offering a Grief Support Group on Mondays beginning October 14th from 7:00 to 8:30 pm. This group will meet 6 consecutive Mondays, from October 14th through November 18th in Rev. John's office.



Facilitators will be Pat Francek and Chuck Harrington. Please reach out to them to confirm attendance by October 8th. (patfrancek@gmail.com; ccharrington20@gmail.com)

11:00
Serving With Grace- EW - 12:30
TUCWomen Brown Bag Lunch - MH - 12:30
Climate Change Conversation - Sanctuary - 12:30

Mon Oct 14
Buddhist Practice Group - MH - 6:30

Bell Choir - 6:45

Grief Support Group - Rev. John's office - 7:30

Tues Oct 15
Gender Equity Team - WW - 10:00

BOT - EW - 7:00

Wed Oct 16
Teen Choir - 6:00

NVC Practice Group - WW - 7:00

TUCWomen's Workshops - EW - 7:00

Stewardship Com - WW - 7:00

The Power of Now - MH - 7:00

Chamber Choir - 7:45

Thurs Oct 17
Children's Choir at 5:00

Endowment Comm. - EW - 6:00

Finance Com - WW - 6:00

Women's & Men's Choir - 7:45

Fri Oct 18
Small Group Steering Com - WW - 11:30

Adult Neighboring Faiths - MH - 7:00

Sat Oct 19
A Better Man - MH - 8:00

Creating Theology Together - WW - 10:00

Small Group Facilitators - MH - 10:00

Find out more about this powerful time of learning, sharing, listening, and healing by clicking [HERE](#). Note: this group will be open to the public; please feel free to share this invitation with all those you know who could benefit from this gathering.



The Small Group Ministry has 102 members in 11 groups that meet once a month to discuss a topic. Groups meet on different days and at different locations. Join a group near you!

The topic for October is **"Belonging."**

"The blessing of belonging is participating in the process of expanding the circle."

For information, talk to a representative in the foyer after the service or contact Steven Rosenberg: Rosen323@aol.com.

The TUCW Hiking group invites you to join us for our next hike!

This **Saturday October 5 at 9:30 AM** we will venture out to Ansonia Nature and Recreation Center. Meet at 10 Deerfield Lane in Ansonia.



This is a fairly easy 2.3 mile loop: the trail is pretty wide and only a little hilly at times. Leashed dogs are allowed.

Questions?: email Gian (gmoressi@gmail.com) or Jamie (jforbes1@gmail.com)



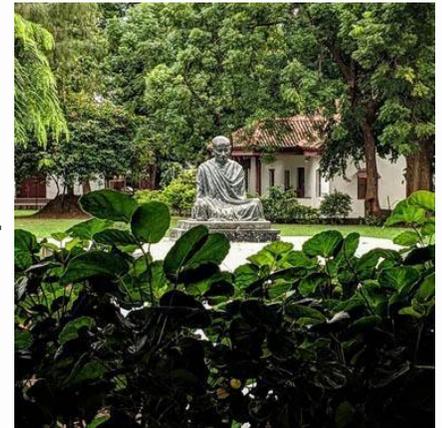
The Internment service for Gail Deaver is this Saturday, October 5th, at 2:00 in the Memorial Garden at the church. Gail passed away on October 7, 2018. Gail's daughters, Elly and Gracee, invite you to join them and their families for the service. Additionally, there will be a reception at Compo Beach (look for the white tent) to which all are welcome. If you have questions, or to RSVP, please text Gracee 203-247-3668 or Elly 954-296-5489.

Did you know that Hinduism is the third largest religion in the world, and the world's oldest. It has a belief in one God, Brahmin, with different gods representing Brahman's different forms. It was one of the religions that inspired Gandhi, who drew from multiple religious heritages as an adult.

Learn more about Hinduism this month as our **Neighboring Faiths** program kicks off. The first session is **Friday, October 4th, at the Meeting House, 6:00-9:00 PM.**

[CLICK HERE](#) for the flyer for more info.

To register, email sudhasankar100@yahoo.com



Women & Spirituality - MH - 12:00

Sun Oct 20

Meditation - Willow Room - 10:00

OWL - OWL room - 10:00

OWL Parents - YR - 10:00

Town Hall - EW - 10:00

9th-12th Youth Group - YR - 11:00

Town Hall - Sanctuary - 12:15

[SEE TUCW'S CALENDAR FOR MORE INFORMATION](#)





TUCW Women

A place for sisterhood, intimacy and deeper connections

Join our gatherings, make new friends and deepen relationships.

All women are welcome at all events.

RSVP for events by email: tucwomen@uwestport.org.



Women, Spirit and Imagination -- Beverly Bailey will lead "**Deeper Vision**" on October 9, and coming up next on October 16, Denise Manning Page offers "**Reconnect to Purpose - The Power of Story**".

Here's more about [Beverly's workshop](#), [Denise's workshop](#) and about [the series](#).

Potluck at the home of Sudha Sankar in Ridgefield on **Friday, October 11**

Brown Bag Lunch after the 11:00 AM service on **October 13**. Eileen Belmont will lead the conversation. (No RSVP needed)

RSVP for each: tucwomen@uwestport.org.

Learn about more upcoming events, join our mailing list at uwestport.org/tucwomen-events

UPCOMING SERVICES

October 13, 2019 - 9:00 AM & 11:00 AM
"Wired Together" - Rev. John Morehouse

October 20, 2019 - 9:00 AM & 11:00 AM
"Longing to Belong" - Rev. John Morehouse



Buddhist Practice Group

Each Monday in the Meeting House from 6:30 to 8:00 PM

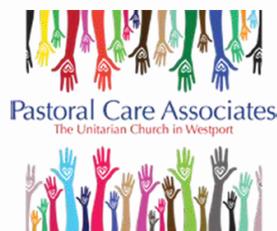
Please let Nina know you are attending by emailing her at ninazcara@gmail.com.

Teachings offered on a donation basis.

Meditation is led by Janet Luongo and others from 10:00 to 10:45 AM every Sunday in the Willow Room downstairs.

We center on our inner light and sense our inter-connectedness with all, using a variety of traditions from mindfulness and music to yoga and Zen.





Pastoral Care - If you are going through a challenging time or know somebody in the congregation who needs support from our Pastoral Care Chaplains, call to leave a confidential message in the PCA voice mailbox - (203-227-7205 ext. 19) or email - pca@uwestport.org.

[CLICK HERE](#) to learn more about our Pastoral Care Chaplains

you are not alone!

For individuals or families of our congregation seeking confidential support or information about addiction issues... please contact our Addiction Recovery Ministry by calling 203-227-7205 ext. 19 or emailing pca@uwestport.org.

FAITH FORMATION

SAVE THE DATE - SATURDAY, OCTOBER 19th - 5:00-7:00 pm - Family Fun Night Halloween Party

Sunday, October 20: Attention all instrumentalists! Want to play in the next TUCW Orchestra?

It's happening again on this Sunday, October 20 our next Family Friendly worship service.

Contact [Nate](#) if you want your own part to play. Music is still TBD.





**Family
Faith Formation**

October 6, 2019 - 11:00 AM

- * **Pre-K-1st: Heart Quest**
- * **2nd-3rd: Heart Quest**
- * **4th-7th: Courageous Faith**

* **8th: OWL 10:00 am**
Parents Group 10:00 am [youth room]

[CLICK HERE](#) for more information



Share your gifts with us!

Faith Formation is always looking for ways you can share your own unique gifts with others to enhance their UU experiences.

Please, brainstorm with us!

Rev. Shelly - revshelly@uuwestport.org



Our first Youth Group meeting had a great turn-out.

Please join us on October 6th at 11:00!

[CLICK HERE](#) for more about all of our Youth Ministries and events.



**SIGN UP! Neighboring Faiths for Adults
HINDUISM COURSE BEGINS OCT. 4TH**

[CLICK HERE](#) for the complete adult faith formation and spiritual practice group guide.

The Unitarian Church in Westport is a diverse and welcoming religious community, free of creed and dogma, and open to people of all backgrounds and beliefs.

WE INSPIRE and support individual spiritual growth.

WE CONNECT through worship, music, learning, and caring ministries.

WE ACT in the service of peace and justice.