



Women Spirit and Imagination

Tuesdays, November 12, 19 and December 10, 7-8:30 pm, in the Meeting House

Women's Sacred Circle

with

Grandmother Nancy Andry

We are fortunate to have Grandmother Nancy Andry who will introduce the framework of Sacred Circles to us. She is an elder and storyteller of the Algonquin nation. As a lifelong participant of the native red road of spirituality she has studied with many medicine teachers of the Lakota and Ojibwa people.

Women of all ages are invited to participate in the formation of a circle of support and trust. Through stories and rituals, Grandmother Nancy will guide us in exploring what she calls "the ancient ways of knowing". Such knowing invites us to deepen our connection to nature and to our own inner wisdom.

In Sacred Circle, Grandmother Nancy will use the talking stick, which encourages respectful listening so that all who wish to share may be heard. There will be drumming which reminds us of the heartbeat of Mother Earth and of our own voices previously silenced. Grandmother Nancy teaches a number of rituals, such as the Water Ritual, that help us connect not only to the natural world but also to the world of the unseen. She brings a source that UUs draw upon: "Spiritual teaching of earth-centered traditions that celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature."

Bring your drum or rattles and gather for our Sacred Circle. Women of all ages are encouraged to join us for one, two or all three evenings.



Grandmother Nancy Andry is of Algonquin and French heritage and has followed the Red Road since childhood. Seeking out elders willing to teach, her first two mentors were Lakota, one an author, one a medicine man. An Ojibwa medicine woman, then a Mi'kmaq grandmother later adopted her. Community elders gave her permission to pour lodges since 1991. She served as a facilitator for a Native Women's Circle in federal prison for 17 years.

A Sundancer and a Sacred Pipe carrier, she is acknowledged as an elder and a grandmother in her communities in Canada, where she was given instruction to bring out and share certain teachings. Grandmother Nancy is a well-known storyteller, sharing legends from many different Nations in schools, health facilities and pow wows. She was a staff member of the Joined Nations of Connecticut, a youth organization for those of Native heritage. She has given talks in Calgary, Canada, St. Croix USV, and at various centers in New York,

Massachusetts and Connecticut. She also owned and operated an equestrian business until retirement, and now incorporates Horse Medicine in some of her lectures about Native culture.

Grandmother Nancy is known internationally for her work around preserving the purity of our water. To see Grandmother Nancy's Water Ceremony click here: <https://vimeo.com/273112273>



A place for sisterhood, intimacy and deeper connections

Register for some or all of the series:

tucwomen@uwestport.com