

# John Street Bridge Brown Bag Lunch Outreach Instructions as Easy as 1.. 2.. 3!

1. Click here to sign up for lunches:

<https://www.signupgenius.com/go/10C0949A8A822A0FD0-john>

2. Prepare a bagged lunch that includes:

- Peanut butter & jelly sandwich
- Fruit—apple/citrus/bananas/grapes-whatever
- Juice/water
- Cookies/snacks
- Anything else that you would like- People have included Pepper Ridge Farms Gold Fish, carrot sticks, container of apple sauce...
- A note inside is nice. First name only.
- Napkin or individual Wash & Dry (if possible)

3. Drop the lunches off at the Church any Saturday between 12:00-4:00

Questions? Email/call (david@uwestport.org) –203.227.7205 x14