



“Grandma’s Kitchen”. Sharing heritage and wisdom with friends.

Save the Date!!! 4:00-5:30 PM, Sunday February 13th

In this bi-monthly series we will meet in our kitchens, witness scenes from everyday life around Grandma’s kitchen and the hearth; explore cultural roots and heritage through food and storytelling. We will hear the ancestor’s story and dreams; exchange recipes and share a cooking demonstration.



First in series, Ravi Sankar will open the door and focus on his country of origin, India. Quoting from Kabir, Ravi will share stories from Malabar, the West coast of India where the spice trade originated. Join us and hear Ravi tell his grandma’s story of living in a community of Hindus, Muslims and Christians in the 1960s and how she embraced their foods and brought them into her family’s kitchen and handed them and her values down to her grandson.



RSVP: TUCWomen@gmail.com. Ravi will send the list of ingredients and recipes ahead and you can cook along if you so choose.

Open to our entire TUCW community.



In our bi-weekly zoom meetings our hosts will take us on a fascinating journey through time to visit their grandmother’s kitchen to their cultural heritage. You will be welcomed virtually into their home kitchen, encouraging you to explore unfamiliar cuisines as a gastronomical time travel that will allow you to get a taste of culture history, values and stories.

Interested in hosting and bringing us into your grandmother’s kitchen? Contact us at TUCWomen@gmail.com.